

**BAGELS AINT BAGELS  
UNLESS THEY'RE  
JUST BAGELS**



**All Types  
Just Bagels  
NEW YORK STYLE  
BAGELS**  
24 oz.  
**\$3.45**

# Spring valuebuys

throughout the store

THE BERMUDIAN MAGAZINE'S  
**BEST OF  
BERMUDA  
AWARDS 2012**  
SPONSORED BY BF&M  
**BEST GROCERY STORE**

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**Tyson  
CORNISH  
GAME HENS** Twin pack  
**\$9.49** ea.



**BONELESS  
RIBEYE STEAKS** **\$12.99** lb.

**FRESH  
from the  
BUTCHER**

**COWBOY  
STEAKS** **\$10.99** lb.

**Bell & Evans  
Boneless/Skinless  
ORGANIC  
CHICKEN BREASTS** **\$11.99** lb.



**Delicious any way  
you slice it!**

**Sara Lee  
HONEY ROASTED  
TURKEY BREAST** **\$7.75** lb.

**Hormel  
SPICED HAM** **\$4.85** lb.

**Certified Angus Beef  
ROAST BEEF** **\$12.25** lb.

**Esskay  
HONEY HAM** **\$7.25** lb.

*A Better Way  
to Save*

<b>HUGGIES LITTLE MOVERS DIAPERS</b> <b>\$14.19</b> each	<b>NESCAFE INSTANT COFFEE Gold Blend</b> <b>\$8.25</b> 100 gm.
<b>FILIPPO BERIO PURE OLIVE OIL</b> <b>\$7.99</b> 750 ml.	<b>MALT O MEAL TOOTIE FRUITIE CEREAL</b> <b>\$3.45</b> 12.5 oz.
<b>HAWAIIAN PUNCH FRUITY RED</b> <b>\$4.05</b> gallon	<b>NESTLE COFFEEMATE</b> <b>\$5.99</b> 23 oz.
<b>SILK SOY MILK Almond Vanilla</b> <b>\$2.99</b> 32 oz.	<b>LIPTON ICED TEA MIX All Flavours</b> <b>\$3.10</b> 10 pk.

## Grocery Aisles

- Nabisco  
NEWTONS FRUIT THINS** ..... 10.5 oz. **\$5.65**
- Lays  
KETTLE CHIPS** ..... 6.5 oz. **\$3.35**
- Sun Chips  
BAKED CHIPS** ..... 6.5 oz. **\$2.99**
- Kashi  
ZESTY SALSA PITA CRISPS** ..... 7.9 oz. **\$4.35**
- Pepperidge Farm  
COOKIES  
Sausalito, Nantucket, Tahoe, Chesapeake** ..... 6.5 oz. **\$3.19**
- Post  
CRANBERRY ALMOND CRUNCH** ..... 13 oz. **\$5.35**
- Campbell's  
GO SOUPS** ..... 14 oz. pouches **\$3.89**
- Heinz  
SQUEEZE KETCHUP** ..... 32 oz. **\$3.39**
- Ronzoni  
GARDEN DELIGHT SPAGHETTI** ..... 12 oz. **\$3.85**
- Aunt Jemima  
SYRUP Lite, Regular, Butter** ..... 750 ml. **\$4.99**
- Aunt Jemima  
COMPLETE PANCAKE MIX  
Original, Buttermilk** ..... 2 lb. **\$3.99**
- V8 Fusion  
ENERGY DRINKS with GREEN TEA** 6 pk. **\$7.79**
- Minute Maid  
JUICES** 10 pk. **\$6.35**
- SoBe  
LIFE WATER** 20 oz. **\$1.69**
- Ovaltine  
BEVERAGE MIX** ..... 200 gm. **\$3.20**



## For your Pet

- Whiskas  
CHOICE CUTS CAT FOOD** 3 oz. pouches **55¢**
- Cesar  
WET DOG FOOD** ..... 3.5 oz. cans **\$1.09**
- Better Way  
FLUSHABLE CAT LITTER** ..... 14 lb. **\$13.05**

## Dairy & Frozen Aisles

- Aunt Jemima  
WAFFLES** Homestyle, Blueberry, Buttermilk 10 pk. **\$3.09**
- Banquet  
CHICKEN NUGGETS** .. 15 oz. **\$4.27**
- Seabest  
MAHI MAHI FILLETS** 1 lb. **\$12.05**
- Green Giant  
CORN ON THE COB** .... 6 ear **\$2.93**
- Blue Bell  
GREAT DIVIDE  
ICE CREAM BARS** ..... 12 pk. **\$5.13**
- Turkey Hill  
ICE CREAM** ..... 48 oz. **\$6.75**
- Hood  
SOUR CREAM** ..... 16 oz. **\$2.85**
- Tropicana  
TROP 50 JUICE** ..... 59 oz. **\$5.65**
- Yoplait  
YOGURTS** ..... 6 oz. **\$1.15**
- Kraft  
AMERICAN CHEESE  
SLICES** ..... 12 oz. **\$4.79**

## Household Helpers

- Fabuloso  
ALL-PURPOSE CLEANER** 800 ml. **\$2.60**
- Fab  
DETERGENT** Ocean Breeze, Rain Forest, Spring Magic ..... 50 oz. **\$5.99**

## Health & Beauty

- Listerine  
TOOTHPASTE** Regular, Gel ..... 4.2 oz. **\$5.89**
- Listerine  
MOUTHWASH** Antiseptic, Cool Mint, Fresh Burst, Total Care Zero, Natural Citrus ..... 1 litre **\$8.29**
- Kotex Lightdays  
PANTILINERS** Scented, Unscented ..... 22's **\$1.29**

**Palermo's  
PIZZAS** All Flavours 15.7 oz. **\$8.53**

## Soda Specials

- COKE, DIET COKE, SPRITE** 1 litre **\$2.10**
- PEPSI (Diet or Reg.), PEPSI MAX, MOUNTAIN DEW (Diet or Reg.), CODE RED, SIERRA MIST (Diet or Reg.), PEPSI MAX, MUG CREAM SODA, POLAR GINGER ALE, MUG ROOT BEER, GOSLING'S GINGER BEER, CHERRY PEPSI (Diet or Reg.), SIERRA MIST CRANBERRY** 20 oz. **\$1.09**



**LINDO'S  
PHARMACY**  
236-7732  
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Middle Rd., Warwick

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