

# selection quality freshness

Why Go Anyplace Else?

MASH'S  
SEMI-BONELESS  
**HAMS**  
\$2.99 lb.

**BEEF  
FLANK  
STEAKS**  
\$9.49 lb.

NEW ZEALAND  
**LAMB RACKS**  
\$14.99 lb.

**Häagen-Dazs**

**ICE CREAM  
BARS**

Cookies & Cream,  
Vanilla & Almond,  
Milk Chocolate  
**\$2.83** 3.5 oz.

BREYER'S  
**ICE CREAM**  
\$6.29 48 oz.



From the Deli Counter

**DAK BOILED HAM** \$6.25 lb.  
**CERTIFIED ANGUS BEEF ROAST BEEF** \$12.25 lb.

From the Dairy & Chill Cases



**ANCHOR BUTTER** Salted, Unsalted 454 gm. \$5.13  
**ELLE & VIRE COOKING CREAM** 500 ml. \$3.73  
**I CAN'T BELIEVE IT'S NOT BUTTER** 12 oz. spray \$4.75  
**PILLSBURY CINNAMON ROLLS** 12.4 oz. \$3.39  
**KRAFT PHILADELPHIA CREAM CHEESE**  
 Honey Nut, Pineapple, Strawberry, Salmon, Chive & Onion, Garden Vegetable 8 oz. \$2.93

## Grocery Aisles Specials

### Cereals & Grains

**NESTLE APPLE CINNAMON CHEERIOS CEREAL** 363 gm. \$4.89  
**NATURE VALLEY GRANOLA BARS**  
 Oats & Honey, Variety, Dark Chocolate Oats 7 oz. \$3.85  
**CATELLI SPAGHETTI** 500 gm. \$1.59

### Stock up on Pantry Goods

**DELMONTE PEAR HALVES** 8.5 oz. \$1.29  
**DELMONTE TROPICAL FRUIT LITE** 8.5 oz. \$1.35  
**BICKS SLICED PICKLED BEETS** 750 ml. \$3.39  
**LIBBYS CORNED BEEF** 12 oz. \$3.65  
**SKIPPY PEANUT BUTTER**  
 Creamy, Crunchy 28 oz. \$6.25

### Beverages & Mixes

**LIPTON ICED TEA MIX** All Flavours 10 pk. \$2.09  
**MAXWELL HOUSE COFFEE PODS**  
 House Blend, Breakfast Blend, French Roast 3.7 oz. \$8.40  
**V-8 FUSION DRINKS** All Flavours 8 pk. \$5.40  
**MUSSELMAN'S PREMIUM APPLE JUICE** 64 oz. \$3.79

### Condiments & Sauces

**BULLSEYE BBQ SAUCE** All Flavours 18 oz. \$2.75  
**CAMPBELL'S SKILLET SAUCES** All Flavours 9 oz. \$2.35  
**HELLMANN'S MAYONNAISE** 15 oz. \$4.05  
**RAGU PASTA SAUCE** 28 oz. \$3.25



**HERR'S POPPED CHIPS**  
 Tangy BBQ, All Natural with Sea Salt 3.25 oz. \$3.09  
**HERR'S BITE SIZE DIPPER TORTILLA CHIPS** 13.5 oz. \$4.19  
**VOORTMAN COOKIES**  
 Coconut Delight, Rainbow Chip, Oatmeal Raisin, Chunky Chip, Fudge Striped Oatmeal 350 gm. \$3.45  
**PLANTERS NUTRITION NUTS**  
 Antioxidant, Omega-3 9.25 oz. \$5.29

## Freezer Case Specials

**HEALTHY CHOICE CAFE STEAMERS** 10 oz. \$4.15  
**CAVENDISH FRENCH FRIES**  
 Straight, Crinkle, Country, Shoestring .. 2 lb. \$3.05  
**TYSON IQF CHICKEN DRUMSTICKS** 40 oz. \$7.19  
**GEISHA COOKED TAIL-ON SHRIMP** 41-50 count \$11.49 lb.  
**BUTTERBALL TURKEY SAUSAGE LINKS or PATTIES** 10 oz. \$4.39  
**SEABEST TILAPIA FILLETS** 1 lb. \$5.13  
**AMOROSO STEAK-UMM ROLLS** 6 pk. \$3.59  
**DIGIORNO ULTIMATE PIZZAS**  
 Supreme, Four Meat, Pepperoni 12 inch \$11.93

**DOVE MEN'S DEODORANT**  
 Aqua Impact, Extra Fresh, Clean Comfort 2.7 oz. \$5.95  
**DOVE MEN'S BODY WASH** All scents 13 oz. \$5.89  
**DOVE MEN'S CARE**  
 TOUGH ON SWEAT, FRESH AWAKE, CLEAN COMFORT, MICRO-MOISTURIZING BODY AND FACE WASH 13.8 FL. OZ.  
**SUAVE BODY WASH** All scents 12 oz. \$3.59  
**IRISH SPRING BAR SOAP** Original, Aloe 3 pk. \$3.55



**LINDO'S PHARMACY**  
 236-7732  
 Watlington Rd., Devonshire  
 236-0010 FAX: 236-0009  
 Middle Rd., Warwick

**Lindo's MARKET**  
 Watlington Road, Devonshire • Tel: 236-5623  
 Open: Mon., Tues. & Thurs. 8am to 7pm  
 Wed., Fri. & Sat. 8am to 8pm

**Lindos FAMILY FOODS**  
 128 Middle Road, Warwick • Tel: 236-1344  
 Open: Mon., Tue., & Thurs. 8am to 7pm  
 Wed., Fri. & Sat. 8am to 8pm