

100% Natural ingredients & tastes great too!

Blue Bell FRUIT BARS
\$4.63
6 pk.

HOT PICKS FOR SUMMER

From the Freezer Cases

- Tyson IQF CHICKEN DRUMSTICKS** 40 oz. **\$7.19**
- Harvestland BONELESS/SKINLESS CHICKEN BREAST** 2.25 lb. box **\$14.31**
- Banquet SAUSAGE LINKS** Original 24.9 oz. bag **\$6.29**
- Kellogg's EGGO WAFFLES** Buttermilk 10 pack **\$4.35**
- Totino's PIZZAS** ALL FLAVOURS 10.9 oz. **\$3.59**
- Birdseye VEGETABLES**
Tender Broccoli Cuts 14 oz.,
Sweet Garden Peas 14 oz.,
Sweet Kernal Corn 16 oz.,
Cut Green Beans 16 oz.,
Classic Mixed Vegetables 16 oz. **\$2.53**
- Blue Bell ICE CREAM** ALL FLAVOURS 64 oz. **\$8.43**
- Wyman's WILD BLUEBERRIES, or RED RASPBERRIES** .. 15 oz. **\$4.89**

From the Grocery Aisles

- Campbell's SKILLET SAUCES** 9 oz. **\$2.35**
- Bullseye BBQ SAUCES** ALL FLAVOURS 18 oz. **\$2.75**
- Hunts WHOLE TOMATOES** ALL TYPES 15 oz. **\$1.55**
- Ragu SAUCES** ALL FLAVOURS 28 oz. **\$3.25**
- Herr's CHEESE CURLS** 7 oz. **\$2.85**
- Kangaroo PITA CHIPS** 9 oz. **\$3.35**
- Pepperidge Farm COOKIES**
Gingerman, Sugar, Shortbread 5 oz. **\$2.85**
- Nabisco 100 CALORIE PACKS**
Ritz Snack Mix, Chips Ahoy, Oreo, Snackwell Yoghurt Pretzel 6 pk. **\$3.89**
- Motts APPLE JUICE** Clear 64 oz. **\$3.60**
- Log Cabin SYRUP** Original 24 oz. **\$5.29**

Sliced from the Deli

- Hormel SPICED HAM** lb. **\$4.85**
- Esskay HONEY HAM** lb. **\$7.25**
- Lindo's TURKEY BREAST** lb. **\$9.75**
- Perdue PAN ROASTED TURKEY BREAST** 1 lb. **\$7.49**



Certified Angus Beef SIRLOIN STEAKS or ROASTS

\$8.99 lb.

GREAT ON THE GRILL

Perdue SEASONED ROASTER IN A BAG

\$14.29 each



NEW IN OUR STORES

USDA CERTIFIED ORGANIC Dakota Beef®
Full of flavour and nothing else.

USDA Certified Organic beef - better for cattle, better for the environment, better for you!

Find out more on www.lindos.bm



Household & Laundry

- Charmin BASIC DOUBLE ROLL TOILET PAPER** 12 pk. **\$8.35**
- Downy FABRIC SOFTENER** ALL SCENTS 34 oz. **\$5.69**
- Tide 2X DETERGENT** ALL SCENTS 50 oz. **\$8.99**
- Mr. Clean CLEANSER**
Summer Citrus, Gain Lavender 40 oz. **\$3.75**

Dairy Case Selections

- Yoplait YOGURTS** ALL FLAVOURS 6 oz. **\$1.15**
- Land O Lakes BUTTER**
Salted, Unsalted 1 lb. **\$5.69**
- Hood SOUR CREAM** 16 oz. **\$2.85**
- Kraft AMERICAN CHEESE SLICES** ... 12 pk. **\$3.05**
- Tropicana PUNCHES** ALL FLAVOURS 59 oz. **\$3.89**

Personal Care

- Radox SHOWER FRESH BODY WASH** ... 250 ml. **\$5.10**
- Listerine MOUTHWASH**
Zero Soft Mint 1 litre **\$8.25**

For your Pet

- Pedigree MARRO DOG BONE** **\$5.69** 24 oz.
- Whiskas INDOOR CAT FOOD** **\$6.19** Dry 1.5 kg.

Soda Specials

- MOUNTAIN DEW WHITEOUT, SIERRA MIST CRANBERRY, PEPSI (Diet or Reg.), SIERRA MIST (Diet or Reg.), CHERRY PEPSI (Diet or Reg.), MOUNTAIN DEW (Diet or Reg.), MUG ROOT BEER, MUG CREAM SODA, CODE RED, PEPSI MAX,** **\$1.09** 20 oz.

- COKE, DIET COKE, COKE ZERO** **\$4.89** 6 pack



WIN A FAMILY VACATION

A \$5,000 TRAVEL VOUCHER COULD BE YOURS! SEE DETAILS BELOW TO ENTER

Paradise 10/18-35 TRAVEL

Exclusively at Lindo's Group of Companies

HERE'S HOW TO WIN:

Simply purchase any Tide or Downy product along with a Charmin or Bounty product at any Lindo's store. Then, write your name & number on the back of your receipt & drop it in the ballot box in the front of the store. Promotion ends June 29th, 2013. BGA & Lindo's Employees are not eligible to enter



LINDO'S PHARMACY
236-7732
Watlington Rd., Devonshire
236-0010 FAX: 236-0009
Middle Rd., Warwick

Lindo's MARKET
Watlington Road, Devonshire • Tel: 236-5623
Open: Mon., Tues. & Thurs. 8am to 7pm
Wed., Fri. & Sat. 8am to 8pm

Lindo's FAMILY FOODS

128 Middle Road, Warwick • Tel: 236-1344
Open: Mon., Tue., & Thurs. 8am to 7pm
Wed., Fri. & Sat. 8am to 8pm