

# HOT PICKS FOR SUMMER

**Blue Bell  
FRUIT BARS**  
\$4.65  
6 pk.

**Keebler  
ICE CREAM CUPS**  
\$4.55  
24's

**Breyers  
ICE CREAM**  
48 oz.  
\$5.99

## From the Freezer Cases

- Cavendish FRENCH FRIES** \$3.05  
Crinkle, Straight, Country, Shoestring 2 lb.
- Lender's BAGELS** \$3.25  
All Flavours 5 pk.
- Bantry Bay MUSSELS IN GARLIC or TOMATO SAUCE** \$6.23  
1 lb.
- SeaBest COD FILLETS** \$6.53  
1 lb.
- Tyson VARIETY PACK** \$12.15  
Tenders/Nuggets/Bites 28 oz.
- Harvestland BONELESS/SKINLESS CHICKEN BREASTS** \$14.33  
2.25 lb. box
- Green Giant CORN ON THE COB** \$3.27  
6 ear
- Healthy Choice CAFÉ STEAMERS** \$4.15  
All Flavours 10 oz.

## From the Grocery Aisles

- Uncle Ben's COUNTRY INN RICE** \$2.19  
6 oz.
- Catelli SPAGHETTI** \$1.59  
500 gm.
- Knorr NOODLES IN SAUCE** \$1.85  
4.5 oz.
- Ragu SAUCES** \$3.19  
All Flavours 28 oz.
- Swanson CHICKEN A LA KING** \$2.19  
10.5 oz.
- Ovaltine BEVERAGE MIX** \$5.65  
400 gm.
- Minute Maid COOLERS** \$5.49  
All Flavours 10 pk.
- Ocean Spray DRINKS** \$5.35  
100% Cranberry, White Cranberry, Tangerine Orange, Cran-Apple, Cran-Grape, Mango Pineapple 64 oz.
- Musselmans PREMIUM APPLE JUICE** \$3.79  
64 oz.
- COKE, DIET COKE, SPRITE** \$2.10  
1 litre

## Sliced from the Deli

- Dak BOILED HAM** \$6.25 lb.
- Perdue OVEN ROASTED TURKEY BREAST** \$6.25 lb.
- Citterio HAM** \$10.25 lb.  
Sun-dried Tomato, Rosemary
- Citterio SALAMI** \$10.25 lb.  
Hard, Genoa



**New Zealand LAMB LEGS**  
\$5.99 lb.

**New Zealand LAMB RACKS**  
\$14.99 lb.

GREAT ON THE GRILL

**Belle & Evans ORGANIC CHICKEN THIGHS**  
\$5.99 lb.



**Birdseye VOILA! DINNERS**  
\$7.23 ea.

**DiGiorno PIZZERIA! PIZZAS**  
12 inch  
\$13.49 ea.



**Wyman's TRIPLE BERRY BLEND**  
3 lb.  
\$14.85



**Sanpellegrino SPARKLING JUICE**  
\$7.59  
6 pk.

## Personal Care

- Centrum ULTRA VITAMINS** \$16.49  
Men's or Women's .... 100's
- Coppertone SPORTS LOTION** \$12.69  
SPF 30 ..... 8 oz.
- Huggies SLIP-ON DIAPERS** \$14.19  
Sizes 3, 4 or 5 ..... each
- St. Ives BODY WASH** \$4.49  
..... 13.5 oz.

## Household & Laundry

- Charmin BASIC DOUBLE ROLL TOILET PAPER** \$4.49  
..... 6 pk.
- Bounty SELECT-A-SIZE PRINTS** \$2.45  
1 roll
- Ajax DETERGENT** \$4.45  
With Bleach, Original ..... 50 oz.
- Raid ANT BAITs** \$5.75  
Double ..... 4 pk.

## Dairy Case Selections

- La Yogurt YOGURTS** \$1.09  
ALL FLAVOURS ..... 6 oz.
- Promise MARGARINE** \$3.39  
Regular, Light ..... 15 oz.
- Dole JUICE BLENDS** \$4.99  
ALL FLAVOURS ..... 59 oz.
- Jell-O TEMPTATIONS** \$3.49  
Strawberry Cheesecake, French Silk Pie ..... 4 pk.
- Egg Beaters EGG PRODUCT** \$4.49  
ALL TYPES ..... 16 oz.

## From the Grocery Aisles

- President's Choice COOKIES** \$4.59  
Banana Dulce Cream Pie, Lemon Meringue, Apple Crumble 300 gm.
- Nabisco DOUBLE STUF GOLDEN OREOS** \$4.99  
15.25 oz.
- Cape Cod POTATO CHIPS** \$4.59  
Feta & Rosemary, Waffle Cut Seasoned Pepper 7 oz.
- Pepperidge Farm CAPTIVA BROWNIE COOKIES** \$3.15  
7 oz.
- Hunts SNACK PACK PUDDINGS** \$1.79  
4 pk.
- Nabisco CHUNKY CHIPS AHOY** \$4.69  
13 oz.
- Emerald BREAKFAST TO-GO** \$3.89  
5 pk.

- Whiskas TEMPTATIONS CAT FOOD** \$1.99  
85 gm.
- Pedigree DOG FOOD** \$1.79  
22 oz.



**CHOCOLATE BARS**  
M&M PEANUT 48 gm.  
SNICKERS 58gm.  
TWIX 57 gm.

89¢ EACH

**LINDO'S PHARMACY**  
236-7732  
Wallington Rd., Devonshire  
236-0010 FAX: 236-0009  
Middle Rd., Warwick

**Lindo's MARKET**  
Wallington Road, Devonshire • Tel: 236-5623  
Open: Mon., Tues. & Thurs. 8am to 7pm  
Wed., Fri. & Sat. 8am to 8pm

**Lindo's FAMILY FOODS**  
128 Middle Road, Warwick • Tel: 236-1344  
Open: Mon., Tue., & Thurs. 8am to 7pm  
Wed., Fri. & Sat. 8am to 8pm