

Ants bugging you?

Kills Queen & Entire Colony
For Indoor & Outdoor Use
Easy To Use; No Vapors, Fumes or Odor
Child-Resistant Baits



Combat
SOURCE KILL
ANT BAITS
\$3.19
6 pk.

HOT PICKS FOR SUMMER



From the Grocery Aisles

Catelli
SPAGHETTI 900 gm. **\$3.85**

McCormick
GRILL MATES SLOW & LOW
Memphis Pit BBQ 2.25 oz.,
Smokin' Texas BBQ 1.75 oz **\$2.10**

Nescafé
CLASSIC
INSTANT COFFEE 100 gm. **\$4.35**

Nestlé
COFFEEMATE Original 23 oz. **\$6.25**

Quaker
LIFE CEREAL Original 13 oz. **\$3.85**

Twinnings
TEA BAGS
Chamomile, Peppermint,
Lemon Ginger, Lemon Twist 25's **\$3.45**

From the Freezer Cases

Aunt Jemima
WAFFLES
Homestyle, Buttermilk, Blueberry 10 pk. **\$3.09**

Swanson
POT PIES Chicken, Turkey 7 oz. **\$1.37**

SeaMaz
TILAPIA FILLETS 16 oz. **\$5.00**

Ball Park
TURKEY FRANKS 1 lb. **\$5.95**

Stouffers
LASAGNA WITH MEAT SAUCE 90 oz. **\$23.39**
Family Size

Tyson IQF
BONELESS/SKINLESS CHICKEN TENDERLOINS 40 oz. **\$11.55**

Pictsweet
STEAM'ABLES
Edamame & Sea Salt, Cut Corn,
California, Mixed Vegetables 10 oz. **\$2.83**

Twix
MINI ICE CREAM BARS 12 pk. **\$7.09**

English
BAKED HAM lb. **\$12.69**

Esskay
HONEY HAM lb. **\$6.49**

Certified
Angus Beef ROAST BEEF lb. **\$12.25**

Perdue
SMOKED TURKEY BREAST 1 lb. **\$6.75**

Sliced from the **Deli**



Certified Angus Beef
CORNER BEEF or **PASTRAMI** lb. **\$11.75**

BEEF TENDERLOIN STEAKS
GREAT ON THE GRILL **\$17.99** lb.

Bell & Evans
ORGANIC WHOLE CHICKENS **\$5.29** lb.



NEW IN OUR STORES

USDA Certified Organic beef - better for cattle, better for the environment, better for you!

USDA CERTIFIED ORGANIC
Dakota Beef®
Full of flavour and nothing else.

Find out more on
www.lindos.bm



Ocean Spray
DRINKS & JUICES
Cranberry Lime Cocktail, Cranberry Cocktail,
Mango Pineapple, Tangerine Orange,
100% Cran-Raspberry,
White Strawberry 64 oz. **\$5.35**

SoBe **ALL FLAVOURS**
LIFE WATER 20 oz. **\$1.69**

Lipton **ALL FLAVOURS**
ICED TEA MIX 10 pk. **\$2.99**

Welch's **ALL FLAVOURS**
CHILLERS 64 oz. **\$3.90**

Slasic
BREAD & BUTTER CHIPS 16 oz. **\$3.29**



NEW! **Post Great Grains Protein Blend**
honey, oats & seeds
NEW
Great Grains Protein Blend
Honey, Oats & Seeds
14.75 oz. **\$6.29**

- Scoops of Wholesome Almonds
- Nutritious Pumpkin Seeds
- Fiber Packed Multi Grain Flakes & Clusters with Sunflower Seeds



Personal Care

Dove
BODY WASH 16 oz. **\$6.69**

Seven Seas
HEALTH OILS
Muscle & Bone 30's **\$7.65**

Suave
NOURISHING ANTI-DANDRUFF SHAMPOO or CONDITIONER
VARIETY OF USES **\$5.75** 12 oz.

Q-tips
COTTON SWABS **\$2.85** 170's

For your Pet

Pedigree
SMALL BREED DRY DOG FOOD 3.5 lb. **\$7.99**

Whiskas
MEATY SOLUTIONS DRY CAT FOOD 3 kg. **\$10.69**

Household & Laundry

Oxi Clean
STAIN REMOVER 3 lb. **\$6.55**

Palmolive **ALL SCENTS**
DISH DETERGENT 10 oz. **\$2.35**

Fab **ALL SCENTS**
LAUNDRY DETERGENT
Spring Magic, Ocean Breeze,
Rain Forest 50 oz. **\$5.99**

Fabuloso **ALL SCENTS**
ALL-PURPOSE CLEANER 800 ml. **\$2.60**

Dairy Case Selections

Yoplait **ALL FLAVOURS**
SMOOTHIES 7.6 oz. **\$3.85**

Pillsbury
CRESCENT ROLLS 8 oz. **\$3.05**

Hood
1/2 & 1/2 CREAM 16 oz. **\$2.65**

Country Crock
MARGARINE **\$3.63** **BUY ONE, GET ONE FREE**
Regular 15 oz. tub.

Tropicana **ALL FLAVOURS**
TROP 50 JUICES 59 oz. **\$5.59**

Lays
POTATO CHIPS
Variety Pack **\$11.05** 24 pk.

ALL FLAVOURS
Lays
STAX CHIPS **\$1.89** 5.5 oz.

ALL FLAVOURS
Nabisco
GO-PACKS **\$2.35** 3.25 oz.



PEPSI, DIET PEPSI,
SIERRA MIST, 7UP,
MOUNTAIN DEW
\$4.45 6 pk.

COKE, DIET COKE,
CHERRY COKE,
COKE ZERO, SPRITE,
SPRITE ZERO
\$1.19 20 oz.

LINDO'S PHARMACY
236-7732
Wattlington Rd., Devonshire
236-0010 FAX: 236-0009
Middle Rd., Warwick

Why Go Anyplace Else?
Lindo's MARKET

Wattlington Road, Devonshire • Tel: 236-5623
Open: Mon., Tues. & Thurs. 8am to 7pm
Wed., Fri. & Sat. 8am to 8pm

Lindo's FAMILY FOODS

128 Middle Road, Warwick • Tel: 236-1344
Open: Mon., Tue., & Thurs. 8am to 7pm
Wed., Fri. & Sat. 8am to 8pm