



Kellogg's Special K  
**Flatbread**  
Breakfast Sandwich

Sausage, Egg and Cheese **\$7.47**  
Eggs with Vegetables & Pepper Jack Cheese  
Ham, Egg and Pepper Jack Cheese

14 oz.



At 240 calories or less per sandwich and with a good source of protein, these delicious warm breakfast options are made with multigrain flatbread, real eggs, tomatoes, cheese and seasoned sausage, ham or bacon.

Great mornings  
start with

**Kellogg's**

Kellogg's Eggo  
**French Toaster Sticks**  
Original 12.7 oz.



Kellogg's Eggo  
**Waffles**

Blueberry, Buttermilk, Cinnamon Toast, Homestyle  
**\$4.35**  
10 pack



**Lindo's**  
MARKET

**LINDO'S MARKET**  
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Tel: 236-5623  
**PHARMACY:**  
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email: [pharmacy@lindos.bm](mailto:pharmacy@lindos.bm)

**Lindos**  
**FAMILY FOODS**

**LINDO'S FAMILY FOODS**  
128 Middle Road, Warwick  
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**PHARMACY:**  
t: 236-0010 f: 236-0009  
email: [rxd@lindos.bm](mailto:rxd@lindos.bm)

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STORE HOURS:  
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