Get your mornings going in the right direction!

Kellogg's Special K Protein Shakes
Chocolate, Vanilla, Strawberry - 4 pk./bottles
$10.15

Kellogg's Special K Cereal
Original - 12 oz. box
$6.55

Kellogg's Special K Cereal Bars
Vanilla Crisp, Strawberry
6 pack box
$4.59

Winter Savings throughout the store!

Kashi Heart-to-Heart Instant Oatmeal
Apple & Cinnamon, Maple Brown Sugar - 12.1 oz. box
$4.35

Ensure Muscle Health Nutrition Shake
Chocolate, Vanilla
4 pack/8 oz. bottles
$13.75

Everyone deserves a little indulgence now and then!

Kit Kat Chocolate Bar
Regular - 4 finger
$1.10 each

Cadbury Chocolate Bars
Whole Nut, Dairy Milk, Fruit & Nut,
75 gm. bar
$2.00 each

Nestle Aero Peppermint Chocolate Bar
100 gm. bar
$1.10 each

French's Potato Sticks
Original - 7 oz. can
$3.09

Dole Raisins 6 pk./1.5 oz. pkg.
$2.95

Dole Fruit Bowls
All flavours - 4 pack
$3.99

Keebler Animal Crackers & Cookies
12 pack Variety
4 packs Iced Animal Cookies,
4 packs Animal Crackers,
4 packs Frosted Animal Cookies
$12.29 each

Heinz Ketchup
20 oz. bottle
$3.15

Grace Corned Beef
12 oz. can
$3.45

Bertolli Creamy Alfredo Sauce
Regular, Garlic
15 oz. jar
$3.59

Crisco Canola Oil
48 oz. bottle
$6.25

Filippo Berio Extra Virgin Olive Oil Spray 200 ml. bottle
$4.55

Heinz Baked Beans in Tomato Sauce
415 gm. can
$2.39

Motts Apple Sauce
All Flavours - 6 pack
$3.35

Motts Apple Juice
Clear - 64 oz. bottle
$3.85

Nesquick Chocolate Powder
10.9 oz. canister
$3.85

Nescafé Clásico Instant Coffee
100 gm. canister
$4.39

Household

Arm & Hammer 2X Detergent
Tropical Burst, Sensitive Plus - 75 oz. jug
$8.89

Gladlock Sandwich Bags 50 ct./box
$3.15

Tilex Mildew Stain Remover
16 oz. spray bottle
$3.65

Glad Quick-Tie Trash Bags
40 ct./30 gallon size
$15.15

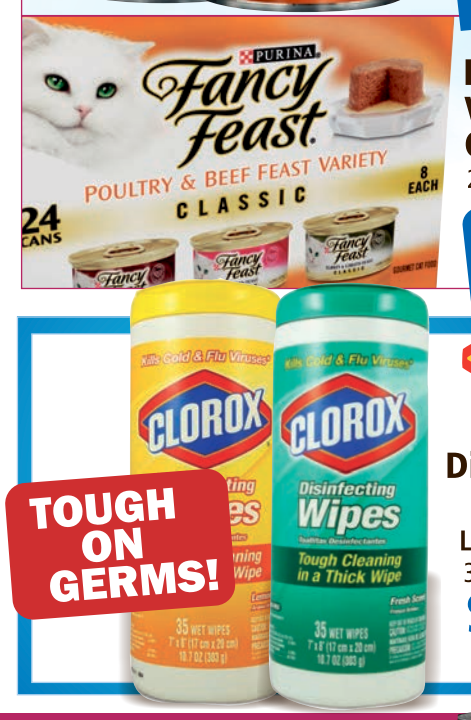
Lysol Kitchen Cleaner
22 oz. spray bottle
$3.65

Lysol Foaming Hand Soap
Vanilla Lavender
8.5 oz. pump bottle
$3.95

Lysol All-Purpose Cleaner
Lavender Breeze - 40 oz. bottle
$4.15

Save on Pet Food

Alpo Dog Food
All flavours
22 oz. cans
$2.10 each



Fancy Feast Variety Pack Cat Food
24 pack/cans
$25.29 each

TOUGH ON GERMS!

Clorox Disinfectant Wipes
Lemon, Fresh
35 ct./canister
$4.35

Personal Care

Gillette 3X Gel Deodorant
Power Rush, Cool Wave, Sport
4 oz. stick
$6.25

Aim Gel Toothpaste
100 ml. tube
$1.20

Seven Seas Haliborange Immune +
10 caplets
$7.60

Worldwide Pure Protein Shakes
French Chocolate, Cookies 'n Cream, Vanilla Cream
12 oz. bottle
$3.35

Worldwide Pure Protein Bars
All Flavours
50 gm. bar
$2.35

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Tel: 236-5623
PHARMACY:
t: 236-7732 f: 236-7922
email: **pharmacy@lindos.bm**

LINDO'S FAMILY FOODS
128 Middle Road, Warwick
Tel: 236-1344
PHARMACY:
t: 236-0010 f: 236-0009
email: **rxd@lindos.bm**

Why Go Anyplace Else?

STORE HOURS:
Mon., Tues. & Thurs. 8am to 7pm
Wed., Fri. & Sat. 8am to 8pm

web: www.lindos.bm