



**PLUMROSE**  
USA Quality



Bell & Evans Organic  
**CHICKEN THIGHS**

Boneless & Skinless

**\$6.69**  
lb.

St. Louis Style  
**PORK SPARE RIBS**  
in a smokey  
barbecue sauce  
**\$10.79**  
ea.  
1.5 lb. pkg.

Fully Cooked

This week's

**Specials**

**From the FREEZER CASES**

Cooked Perfect  
**CHICKEN BITES**  
Honey BBQ, Cheesy,  
Buffalo Style  
**\$4.17**  
10 oz. bag

Healthy Choice  
**PREMIUM FUDGE BARS**  
18 pack  
**\$20.25**

Tyson IQF  
Boneless/Skinless  
**CHICKEN BREAST**  
40 oz. bag  
**\$11.99**

Johnsonville  
**SAUSAGES**  
Original, Hot Italian,  
Beer Bratwurst, Chorizo,  
Mild Italian  
**\$5.85**  
19 oz. tray

SeaBest  
**AHI TUNA STEAKS**  
1 lb. bag  
**\$11.99**

Thomas  
**ENGLISH MUFFINS**  
Honey Wheat 12 oz.,  
Cinnamon Raisin 13 oz.,  
Regular 12 oz.  
**\$5.69**

Marie Callender's  
**ENTREES**  
Sesame Chicken 10 oz.,  
Shrimp Scampi 13 oz.,  
Beef & Broccoli 13 oz.,  
Turkey & Gravy 15 oz.  
**\$4.55**

Green Giant  
**VALLEY FRESH STEAMERS**  
Farmer's Market,  
Nature's Blend,  
Valley Blend  
**\$3.45**  
11 oz. bag

Stouffer's  
**FRENCH BREAD PIZZA**  
Pepperoni 11.25 oz.,  
Deluxe 12.37 oz.  
**\$5.19**



All Flavours  
Ben & Jerry's  
**ICE CREAM**  
pint size tubs  
**\$6.09**

**From the DAIRY & CHILL Cases**

Kerrygold  
**SPREADABLE BUTTER**  
250 gm. pkg.  
**\$3.53**

I Can't Believe  
**It's Not Butter SPREAD**  
15 oz. tub  
**\$3.93**

Claussen  
**PREMIUM CRISP SAUERKRAUT**  
32 oz. jar  
**\$5.79**

Breakstone's  
**Smooth & Creamy SMALL CURD COTTAGE CHEESE**  
16 oz. container  
**\$3.93**

Kraft  
**SHREDDED CHEESE**  
Mozzarella,  
Mild Cheddar  
1 lb. pkg.  
**\$6.87**



**Pet Food Buys**

Meow Mix  
**CAT FOOD**  
2.75 oz. cups  
**\$1.00**

KIBBLES 'n BITS  
**DOG FOOD**  
1.8 kg. bag  
**\$7.35**



DELI  
Esskay  
**HONEY HAM** **\$7.25**  
lb.

DELI  
Carolina  
**TURKEY BREAST** **\$7.25**  
lb.  
Regular or Smoked

DELI  
Dietz & Watson  
**BLACK FOREST HAM** **\$11.85**  
lb.

HAVE IT YOUR WAY!  
THINLY SLICED  
or THICK CUT

**CANNED and PANTRY GOODS**

Hunts  
**BBQ SAUCE**  
All types  
18 oz. bottle  
**\$1.95**

Mazola  
**COOKING OIL**  
Corn, Vegetable  
96 oz. jug  
**\$10.40**

La Choy  
**SWEET & SOUR SAUCE**  
10 oz. bottle  
**\$2.60**

Mazola  
**NON-STICK SPRAY**  
Regular - 5 oz. can  
**\$3.10**

Hunts  
**WHOLE TOMATOES**  
15 oz. can  
**\$1.29**

Delmonte  
**SLOPPY JOE MIX**  
15 oz. can  
**\$1.59**

Chef Boyardee  
**PASTA MEALS**  
All varieties  
15 oz. can  
**\$1.79**

Musselman's  
**CLEAR APPLE JUICE**  
64 oz. bottle  
**\$3.89**

Delmonte  
**PINEAPPLE IN JUICE**  
Chunk, Crushed  
8 oz. can  
**\$1.19**

Tate & Lyle  
**DEMERARA SUGAR**  
500 gm. pkg.  
**\$2.75**

Libbys  
**PORK 'N BEANS**  
878 gm.  
**\$2.89**



All Flavours  
Minute Maid  
**JUICE BOXES**  
10 pack  
**\$6.25**

**Cereals, Grains, Legumes, Beans & Pasta**

NESTLE  
**CHEERIOS CEREAL** ..... 397 gm. **\$4.89**

POST  
**COCOA PEBBLES or FRUITY PEBBLES CEREAL** 11 oz. **\$5.35**

ROLAND  
**QUINOA**  
Garlic, Black Bean, Ginger, Vegetable,  
Lemon Curry, Mediterranean ..... 5.46 oz. bag **\$3.90**

JACK RABBIT  
**GARBANZO BEANS** ..... 1 lb. bag **\$2.39**

LIGHT & FLUFFY  
**EGG NOODLES**  
Wide, Medium ..... 12 oz. bag **\$2.69**

Herr's  
**KETTLE CHIPS**  
6 oz. bag  
**\$2.99**



Herr's  
**JALAPENO POPPERS CHEESE CURLS**  
8.5 oz. bag  
**\$4.85**

**Personal Care**

Dove  
**BODY WASH**  
16 oz. bottle  
**\$6.69**  
ea.



Dove  
**BATH SOAP**  
Pink, Shea Butter,  
Sensitive Skin  
2 pack/4 oz. bars  
**\$3.95**  
ea.



**Household Specials**

COTTONELLE  
**TOILET PAPER**  
Ultra, Aloe, Double Regular ..... 6 roll pack **\$6.55**

SCOTT  
**CHOOSE-A-SIZE PAPER TOWELS** ..... 1 roll **\$2.55**



**Lindo's MARKET**

**LINDO'S MARKET**  
4 Watlington Road East, Devonshire  
Tel: 236-5623  
PHARMACY:  
t: 236-7732 f: 236-7922  
email: pharmacy@lindos.bm

**Lindo's FAMILY FOODS**

**LINDO'S FAMILY FOODS**  
128 Middle Road, Warwick  
Tel: 236-1344  
PHARMACY:  
t: 236-0010 f: 236-0009  
email: rxd@lindos.bm

Why Go Anyplace Else?  
STORE HOURS:  
Mon., Tues. & Thurs. 8am to 7pm  
Wed., Fri. & Sat. 8am to 8pm  
web: www.lindos.bm