

## FREEZER CASE BUYS

Geisha  
**COOKED SHRIMP**  
26/30 count  
**\$18.43**  
1 lb.

Stouffer's  
**LASAGNA**  
Meat  
**\$11.63**  
38 oz.

Ore Ida  
**SHOESTRING FRIES**  
**\$4.75**  
28 oz.

Tyson IQF  
**Boneless CHICKEN THIGHS**  
**\$10.23**  
40 oz. bag

Cooked Perfect  
**TURKEY MEATBALLS**  
Italian Style  
**\$9.97**  
28 oz.

Banquet  
**CHICKEN NUGGETS** - 15 oz.,  
**TENDERS** - 12.6 oz.,  
**PATTIES** 14 oz.  
**\$4.49**

**Tyson**  
**IQF CHICKEN WINGS**  
**\$10.47**  
40 oz.

Jennie-O  
**TURKEY BURGERS**  
**\$11.69**  
3 lb.

Thomas  
**ENGLISH MUFFINS**  
All flavours  
**\$6.07**  
12 oz.

# SUMMER

# Specials

## DAIRY CASES

Shedd's  
Country Crock  
**SIMPLY DELICIOUS**  
**\$3.83**  
12 oz.

Dannon  
**LIGHT & FIT GREEK YOGURT**  
5.3 oz.  
**\$1.80**  
each

Kraft  
**DELI CHEESE SLICES**  
Mild Cheddar, Sharp Cheddar,  
Deluxe Provolone,  
Aged Swiss, Mild Colby Jack  
**\$4.47**  
8 oz.

Kraft  
**AMERICAN CHEESE SLICES**  
12 oz.  
**\$4.73**

Elle & Vire  
**COOKING CREAM**  
1 litre  
**\$6.19**

Hellmann's  
**SQUEEZE MAYONNAISE**  
9 oz.  
**\$2.89**

Mazola  
**OIL**  
Corn, Canola,  
Vegetable  
**\$5.49**  
40 oz.

Libby's  
**PORK 'N BEANS**  
878 gm.  
**\$2.89**

## CANNED and PANTRY GOODS

Uncle Ben's  
**RICE**  
5 lb.  
**\$7.40**

Roland  
**COCONUT MILK**  
14 oz.  
**\$1.85**

Musselman's  
**APPLE CIDER VINEGAR**  
pint  
**\$1.45**

Campbell's  
**CREAM OF MUSHROOM SOUP**  
10.75 oz.  
**\$1.29**

Musselman's  
**CLEAR APPLE JUICE**  
64 oz.  
**\$3.89**

Nestle  
**CHEERIOS CEREAL**  
397 gm.  
**\$4.79**

Roland  
**FLAVOURED QUINOA**  
All varieties  
5.46 oz.  
**\$3.95**

Dorset  
**HIGH FIBRE CEREAL**  
540 gm.  
**\$7.35**

Minute Maid  
**JUICE**  
All flavours - 10 pk.  
**\$6.25**

Catelli  
**SPAGHETTI**  
900 gm.  
**\$2.89**

Chef Boyardee  
**PASTA MEALS**  
7.5 oz.  
**\$1.79**

Ragu  
**SAUCE**  
28 oz.  
**\$3.10**

Healthy Choice  
**FUDGE BARS**  
18 pack  
**\$20.25**

Jell-O  
**GELATIN SNACKS**  
Berry Blue, Orange,  
Strawberry  
13.5 oz./4 pk.  
**\$3.73**

Joy  
**ICE CREAM CONES**  
12 pack  
**\$2.89**

Herr's  
**POTATO CHIPS**  
Regular, Ripple, BBQ,  
Sour Cream & Onion  
**\$1.99**  
3.75 oz.

Voortman  
**COOKIES**  
Chunky Chip,  
Oatmeal Raisin  
**\$3.35**  
400 gm.



**BEEF TENDERLOIN BUTTS**  
**\$17.99**  
lb.



**English HAM**  
**\$13.95**  
lb.



Wyman's  
**MIXED BERRIES**  
15 oz. bag  
**\$4.63**



Haagen Dazs  
**ICE CREAM**  
**\$6.09**  
pint



Del Monte  
**FRUIT PACKS**  
Peachy Peaches in Light Syrup,  
Mixed Fruit in Light Syrup,  
Cherry Mixed Fruit  
**\$3.95**  
4 pack



## HOUSEHOLD & LAUNDRY

Go All  
**INSECTICIDE SPRAY** .. 200 ml. **\$4.49**

Palmolive  
**DISH DETERGENT** ..... 10 oz. **\$2.35**

Scott  
**CHOOSE-A-SIZE PAPER TOWELS** ..... 1 roll **\$2.45**

Fab  
**LAUNDRY DETERGENT**  
Majestic Mountain, Ocean Breeze,  
Rain Forest ..... 50 oz. **\$5.99**

Cottonelle  
**TOILET PAPER**  
Double Regular, Aloe, Ultra ..... 6 pack **\$6.55**



**SNICKERS** 52.7 gm.  
**MALTESERS** 37 gm.  
**MARS** 54 gm.  
**95¢**



Dove  
**BODY WASH**  
Deep Moisture, Revive,  
Cool Moisture, Restore,  
Sensitive Skin, Rebalance  
**\$6.69**  
16 oz.

Kotex  
**TAMPONS**  
Regular, Super,  
Super Plus  
**\$4.49**  
18's

## PERSONAL CARE



**LINDO'S MARKET**  
4 Watlington Road East, Devonshire  
Tel: 236-5623  
**PHARMACY:**  
t: 236-7732 f: 236-7922  
email: pharmacy@lindos.bm



**LINDO'S FAMILY FOODS**  
128 Middle Road, Warwick  
Tel: 236-1344  
**PHARMACY:**  
t: 236-0010 f: 236-0009  
email: rxd@lindos.bm

Why Go Anyplace Else?  
STORE HOURS:  
Mon., Tues. & Thurs. 8am to 7pm  
Wed., Fri. & Sat. 8am to 8pm  
web: www.lindos.bm