

# SUMMER VALUE BUYS!

pork

Be inspired

Looking for a delicious Pork recipe? **Parmesan & Sage Crusted Pork Chops**  
READY IN 20 MINS  
FIND THE RECIPE ON [www.lindos.bm](http://www.lindos.bm)

**BONELESS PORK CHOPS**  
\$5.49 lb.



## ★ FREEZER CASE ★

**Jimmy Dean Breakfast Sandwich**  
Sausage, Egg & Cheese - Biscuit, Muffin or Croissant  
4 pack **\$7.87**

**Tyson Chicken Thighs**  
5 lb. box **\$10.99**

**Totino's Pizzas** All Flavours - 10.9 oz. **\$3.89**

**Stouffer's PARTY SIZE! Meat Lasagna** 90 oz. **\$23.63**

**Birds-Eye Vegetables**  
Classic Mixed Vegetables, Sweet Kernal Corn - 32 oz. **\$3.87**

**Healthy Choice Café Steamers** 10 oz. **\$4.33**

**Shearway Summer Fruits** 500 gm. **\$6.09**

**Jack & Jill Ice Cream Sandwiches** 6 pack **\$4.13**

**Yoplait Yogurts**  
All flavours - 6 oz. **\$1.15**

**Dole Juice Blends**  
All flavours - 59 oz. **\$5.35**

**Blue Bonnet Margarine**  
Sticks - 1 lb. **\$1.95**

**Kraft Philadelphia Cream Cheese**  
Original - 12 oz. tub **\$3.93**

## ★ DAIRY & CHILL ★



Sliced from the Deli Counter

**Citterio SALAMI**  
Hard, Genoa **\$7.30** lb.

**Sara Lee HONEY ROASTED TURKEY BREAST**  
**\$7.49** lb.

**Dak BOILED HAM**  
**\$4.50** lb.

**Sara Lee OVEN ROASTED CHICKEN BREAST**  
**\$9.99** lb.

**NEW ZEALAND BONE-IN LAMB LEGS** **\$4.99** lb.



**BLACK TIGER SHRIMP**  
**\$12.99** lb.

GREAT ON THE GRILL

**NEW YORK STRIP STEAKS**  
**\$13.99** lb.



## GROCERY & BEVERAGES

**Ovaltine Beverage Mix** 400 gm. **\$5.69**

**Propel Water** 500 ml. **\$1.30**

**Ocean Spray Drinks & Juice**  
100% Cranberry, Cran-Apple, Cran-Grape, White Cranberry, 100% Cran-Pomegranate, Cran-Strawberry - 64 oz. **\$5.10**

**Welch's Sparkling Grape Juice** 25 oz. **\$5.20**

**Coke, Diet Coke, Coke Zero, Cherry Coke, Sprite, Sprite Zero** 6 pack **\$5.25**

**Pepsi Diet Pepsi, 7-Up, Sierra Mist, Mountain Dew** 6 pack **\$5.69**

**San Giorgio Light & Fluffy Egg Noodles**  
Wide, Medium - 12 oz. **\$2.75**

**Quaker Chewy Granola Bars** All Flavours - 8 pk. **\$3.79**

**Geisha White Tuna in Water** 12 oz. **\$5.75**

**Quaker Cap'n Crunch Peanut Butter** - 12.5 oz. **\$3.95**

**Brunswick Sardines**  
In Olive Oil - 106 gm. **\$1.79**

**Keebler Chips Deluxe Cookies** 12.6 oz. **\$5.10**

**Nabisco Nilla Wafers** 11 oz. **\$4.89**

**Nabisco Premium Rounds**  
Whole Grain - 10 oz. **\$3.55**

**Mediterranean Snacks Baled Lentil Chips**  
All Flavours - 4.5 oz. **\$3.95**

**Herr's Kettle Chips**  
All Flavours - 6 oz. **\$3.10**

## ★ PET FOOD BUYS ★

**Whiskas Cat Food**  
All Flavours 85 gm. pouch **59¢**

**Pedigree Cesar Selects Dog Food** 3.5 oz. **99¢**



## ★ PERSONAL CARE ★

**Irish Spring Bath Bar Soap**  
All types - 3 pack **\$3.45**

**St. Ives Lotions** All types - 21 oz. **\$6.75**

**Tylenol Regular Strength**  
Tablets - 100's **\$13.55**

## HOUSEHOLD & LAUNDRY

**Formula 409 Glass & Surface Cleaner** 32 oz. **\$4.45**

**Pinesol Squirt'n Mop**  
Lemon - 32 oz. **\$4.65**

**Ajax Laundry Detergent**  
With Bleach, Original 50 oz. **\$4.85**



**V-Fusion Juice Boxes**  
Apple, Berry, Fruit Punch - 8 pk. **\$5.29**



**Lindo's MARKET**

**LINDO'S MARKET**  
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**Lindos FAMILY FOODS**

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Why Go Anyplace Else?

**STORE HOURS:**  
Mon., Tues. & Thurs. 8am to 7pm  
Wed., Fri. & Sat. 8am to 8pm

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