

# Healthy goodness

Each variety of bread helps you watch your health, while still giving you the great flavour you expect from Aunt Millie's and County Mills.

Aunt Millie's  
**HOMESTYLE BREAD**  
Country Buttermilk  
Cracked Wheat  
100% Whole Wheat  
**\$4.50**  
each loaf

County Mills  
**SPLIT TOP BREAD**  
White, Wheat  
**\$3.99**  
each loaf



**Lindo's**  
Group of  
Companies

**LINDO'S MARKET**  
4 Watlington Road East, Devonshire  
Tel: 236-5623

**PHARMACY:**  
t: 236-7732 f: 236-7922  
email: [pharmacy@lindos.bm](mailto:pharmacy@lindos.bm)

**LINDO'S FAMILY FOODS**  
128 Middle Road, Warwick  
Tel: 236-1344

**PHARMACY:**  
t: 236-0010 f: 236-0009  
email: [rxld@lindos.bm](mailto:rxld@lindos.bm)

**STORE HOURS:**  
Mon., Tues. &  
Thurs. 8am to 7pm  
Wed., Fri. & Sat.  
8am to 8pm  
[www.lindos.bm](http://www.lindos.bm)