

BACK TO SCHOOL!



BEEF TENDERLOIN STEAKS
19⁹⁹ lb.



NEW ZEALAND LAMB LEGS
4⁹⁹ lb.



TILAPIA FILLETS
12⁹⁹ lb.

Dairy Case

La Yogurt Yogurts
All flavours - 6 oz.
\$1¹⁵

Dannon Smoothies
All flavours - 6 pk.
\$6³⁵

All varieties
Sara Lee Premium Deli Meats
\$5⁷⁵ 10 oz.

Tropicana Trop 50 Juice
All flavours - 59 oz.
\$5⁹⁹

Sargento Cheese Slices
All varieties - 8 oz.
\$4¹⁵

Kraft Philadelphia Cream Cheese
8 oz. box
\$2⁴⁹

Freshly sliced the way you like it

Dietz & Watson BLACK FOREST HAM 11⁵⁹ lb.	Hillshire Farm HEARTHSTONE HAM 7³⁰ lb.
Carolina TURKEY BREAST Oven Roasted or Smoked 6⁵⁰ lb.	

Natural, non-GMO fruit and nothing else. A convenient way for your "2-a-day." That means that you get 2 whole servings of fruit from just one That's It.® bar. With taste, convenience and portion control, That's It.® has raised the bar on fruit.

Wholesome Goodness

Healthy Snacks

that get our vote!



Perfect for on-the-go snacking, after school snacks and lunch boxes

They come in eight delicious flavours: Apple Mango, Apple Cherries, Apple Apricot, Apple Pear, Apple Banana, Apple Blueberry, Apple Pineapple, Apple Strawberry

Wai Lana

Where healthy living comes naturally™

Enjoy wholesome, tasty snacks. Wai Lana Bars are made with raw fruits and nuts.

Zero Trans Fat • Zero Hydrogenated Oil • Zero Cholesterol
Gluten-free • Dairy-free • No artificial additives • Non-GMO
Antioxidant-rich • Rich in raw fruit & nuts • Low-fat
Low sodium. Naturally sweet, no added sugars • Vegan.



They come in six delicious flavours: Nana Banana, Chewy Pomegranate, Autumn Apple, Apricot Cashew, Cranberry Almond, Tropical Macadamia



Aunt Millie's HOMESTYLE BREAD
Country Buttermilk Cracked Wheat 100% Whole Wheat
\$4.50 each loaf

County Mills SPLIT TOP BREAD
White, Wheat
\$3.99 each loaf

Freezer cases

Pepperidge Farm Turnovers All varieties - 12.5 oz. \$5²⁷	Palermo's Pizza Thin Crust, Pizzeria All Flavours \$8⁷⁹
Steak-umms Sandwich Steaks Beef 10 pk. Chicken 6 pk. \$6⁶³ \$3⁷⁹	Cavendish French Fries Crinkle, Country, Straight, Steak \$3⁰⁵ 2 lb.
Sea Best Mahi Mahi Fillets 1 lb. \$11²⁵	Sara Lee Chocolate Creme Pie 19.6 oz. \$9⁸⁹
Swanson Pot Pie Chicken, Turkey - 7 oz. \$1³⁷	Klondike Bars Neapolitan, Krunch, Heath, Regular \$6⁰⁷ 6 pack
Tyson IQF Drumstick/Thigh Combo 5 lb. \$10³³	
Pictsweet Family Size Vegetables Cut Green Beans, Peas, Mixed Vegetables - 28 oz. \$5¹⁷	



Emerald Almonds
Vanilla Roasted, Dry Roasted, Cocoa Roasted - 8.5 oz.
\$5⁶⁵

Pepperidge Farm Goldfish
Extra Cheddar, Colors - 6.6 oz.
\$2²⁹

Nabisco Triscuit Thins
Parmesan Garlic - 7.6 oz., Original - 7 oz.
\$4³⁹

Sun Chips Baked Chips
French Onion, Garden Salsa, Harvest Cheddar - 6.5 oz.
\$3¹⁰

BUY ONE GET ONE FREE

Lay's Stax All flavours
5.75 oz. **\$2³⁵**

Tostito's Salsa or Dips All flavours
15.5 oz. **\$3⁶⁹**

Tostito's Tortilla Chips All flavours
10 oz. **\$4⁷⁹**

A few favourites

Welch's Juice Drinks Grape, Fruit Punch - 10 pack \$4³⁹	Nestle Cheerios Cereal Original - 397 gm. \$4⁷⁹
Gatorade Sport Drinks All flavours - 20 oz. \$1⁵⁹	Post Spoon-size Shredded Wheat Regular - 16.4 oz. \$6³⁹
V-Fusion 100% Juice All Flavours - 12 oz. \$1⁶⁵	Jif Peanut Butter Crunchy, Creamy - 16 oz. \$4⁹⁵
Robinson's Barley Water Orange, Orange/Pineapple, Strawberry/Kiwi - 850 ml. \$4⁴⁵	Smucker's Mixed Fruit Jelly 12 oz. \$3¹⁵
Twinnings Tea Bags English Breakfast, Earl Grey - 50's \$4⁹⁹	Fiber One Bars Chocolate Fudge Brownie, Chocolate Chip Cookie, Lemon - 5.34 oz. \$3⁹⁵
Purex Liquid Fabric Softener Mountain Breeze 44 oz. \$5⁵⁵	Kraft Mac & Cheese Whole Grain, Regular, Three Cheese - 7.25 oz. \$1⁶⁹
Purex Ultra Packs Detergent Mountain Breeze 18 pack \$5²⁰	Libby's Low Sugar Fruit in Bottles Fruit Medley, Sliced Peas, Sliced Peaches - 694 gm. \$3⁹⁹

Look What's New in-store!



Nabisco Honey Maid Teddy Grahams
Mixed Berry - 10 oz.
\$4¹⁰



Kleenex Tissues Cube
Assorted Designs 80 ct.
\$2⁵⁵

Lindo's MARKET

4 Watlington Road East, Devonshire
Tel: 236-5623
PHARMACY:
t: 236-7732 f: 236-4055
email: pharmacy@lindos.bm



Lindo's FAMILY FOODS

LINDO'S FAMILY FOODS

128 Middle Road, Warwick
Tel: 236-1344
PHARMACY:
t: 236-0010 f: 236-0009
email: rxd@lindos.bm

Why Go Anyplace Else?

STORE HOURS:
Mon., Tues. & Thurs. 8am to 7pm
Wed., Fri. & Sat. 8am to 8pm
web: www.lindos.bm