



FREEZER CASES



Sara Lee Chocolate Creme Pie 19.6 oz. **\$9⁸⁹**



ALL FLAVOURS Haagen Dazs Secret Sensations
Chocolate Fondant, Crème Brûlée
2 pk./mini pots **\$3³⁹**



Aunt Jemima French Toast Homestyle, Cinnamon - 12.5 oz. **\$4⁴⁵**

Ore Ida Zesties Fries 32 oz. **\$4⁷³**



Palermo Thin Crust or Pizzeria Style Pizzas **\$8⁷⁹** ea.



SeaBest Breaded Butterfly Shrimp 10 oz. **\$6⁰⁵**



Pictsweet Vegetables
Kale, Cut Corn, Mixed Vegetables, French Style Green Beans, Peas, Sliced Carrots, Peas & Carrots Cut Green Beans - 12 oz. **\$3⁰³**

Tyson IQF Boneless/Skinless Chicken Breast 40 oz. **\$11⁹⁹**

Autumn SALE DAYS

BUTCHER'S CHOICE



\$4⁹⁹ LB.

BONE-IN PORK CHOPS



\$13⁹⁹ LB.

SALMON FILLETS



\$3⁹⁹ LB.

CHICKEN WINGS



\$12⁹⁹ LB.

BONE-IN RIBEYE STEAKS



\$14⁹⁹ LB.

LAMB RACKS

BEVERAGES

ALL FLAVOURS Minute Maid Juice Boxes 10 pack **\$6²⁵**

Mott's 100% Apple Juice Clear - 64 oz. **\$3⁷⁵**

Pepsi (Diet or Reg.), Code Red, Sierra Mist Cranberry, Mug Root Beer, Pepsi Max, Mountain Dew (Diet or Reg.), Sierra Mist (Diet or Reg.), Cherry Pepsi (Diet or Reg.), Pepsi Throwback, Mug Cream Soda 20 oz. bottle **\$1¹⁵**

Coke (Diet or Reg.), Coke Zero, Barritt's Ginger Beer, Cherry Coke 6 pk. **\$5²⁵**

Folger's Ground Coffee 100% Colombian - 10.3 oz. **\$5⁶⁹**

Libby's Juice Cranberry Apple, Cranberry, Cranberry Grape - 64 oz. **\$4⁹⁹**

ALL FLAVOURS Grace Rhythm Drinks **\$1⁸⁵** 16 oz.

DAIRY CASES

ALL VARIETIES Blue Bonnet Margarine Sticks 1 lb. **\$1⁹⁵**

ALL FLAVOURS Tropicana Punch 64 oz. **\$4⁰⁵**

ALL FLAVOURS Chobani Yogurt 5.3 oz. **\$1⁹⁰**



DRY & CANNED GOODS

Kellogg's Special K Pastry Crisps Chocolate Caramel, Chocolate Delight - 5 pack **\$3⁴⁵**

ALL FLAVOURS Cream of Wheat Mix'n Eat 10 pk. **\$4⁵⁹**

ALL FLAVOURS Campbell's Skillet Sauces 9 oz. **\$2⁹⁹**

Kraft Mayonnaise 30 oz. **\$5⁴⁰**

Grace Corned Beef 12 oz. **\$3⁴⁵**

Duncan Hines Brownie Mix Chewy Fudge Brownie, Milk Chocolate Brownie - 19.9 oz. **\$3²⁹**

Pepperidge Farm Milano Cookies 7 oz. **\$2⁸⁵**

Nabisco Oreo Ice Cream Cones 12 oz. **\$6⁷⁰**

ALL FLAVOURS Lay's Ruffles & Regular Potato Chips 6.5 oz. **\$3⁴⁵**



Nabisco Sandwich Snacks Ritz Peanut Butter, Ritz Cheese - 1.35 oz. **57¢**

ALL FLAVOURS Doritos Tortilla Chips 11 oz. **\$4³⁹**

HOUSEHOLD & LAUNDRY

Palmolive Dishwashing Detergent 10 oz. **\$2³⁵**

Purex Ultra Pack Detergent Mountain Breeze 18 pack **\$5²⁰**

Purex Fabric Softener Mountain Breeze 44 oz. **\$5⁵⁵**

Clorox Toilet Bowl Cleaner Tough Stain Remover, Fresh Scent, Rain Clean 24 oz. **\$3¹⁵**

Clorox Clean-Up Spray Fresh Scent, Original 32 oz. **\$5²⁰**

Clorox Cleaner + Bleach 52 oz. **\$5²⁰**

Whiskas Meaty Selections Dry Cat Food 6 lb. **\$10⁶⁹**

ALL FLAVOURS Pedigree Cesar Treats 6.7 oz. **\$3⁵⁹**



PET FOOD BUYS
BONUS BAG 15% FREE