

We have a good selection of Halloween Pumpkins in-store!



FREEZER CASES



Stouffer's Chicken Pot Pie 16 oz. **\$5¹³**



ALL FLAVOURS Healthy Choice Café Steamers 10 oz. **\$4³³**



Sea Best Breaded Butterfly Shrimp 10 oz. **\$6⁰⁵**

Birdseye Vegetables
Sweet Kernal Corn, Classic Mixed Vegetables - 32 oz. **\$3⁸⁷**



Pepperidge Farm Garlic Toast Regular, Parmesan - 12 oz. **\$4⁷⁷**



ALL FLAVOURS Breyer's Ice Cream 48 oz. **\$6⁵³**



Wyman's Frozen Whole Strawberries 15 oz. **\$4¹⁷**

Harvestland Boneless/Skinless Chicken Breast \$14⁵⁹
2.25 lb. box.

Autumn SALE DAYS



CERTIFIED ANGUS BEEF BRAND
CERTIFIED ANGUS BEEF ROAST BEEF \$14.29 lb.

CAROLINA TURKEY
TURKEY BREAST Regular \$6.50 lb.

DIETZ & WATSON
BEEF BOLOGNA \$6.95 lb.

DIETZ & WATSON
BLACK FOREST HAM \$11.59 lb.

SARGENTO
Natural Sharp Cheddar Deli Style Sliced Cheddar Cheese 11 Thin Slices

ANCHOR
Original Butter Since 1888

all natural organic *Specials* Better for you. Better for the environment.
save on selected organic & all natural products all month long!
VISIT LINDOS.BM FOR THIS MONTH'S SPECIALS

BUTCHER'S CHOICE



\$5⁹⁹ LB.

FRESH

LAMB SHANK



\$6⁹⁹ LB.

FRESH

STEWING BEEF



\$12⁹⁹ LB.

BLACK TIGER SHRIMP



\$17⁹⁹ LB.

BEEF TENDERLOIN ROAST

BEVERAGES

ALL FLAVOURS Tropicana Juices 15.2 oz. **\$1⁹⁹**

Pepsi, Diet Pepsi, 7Up, Gosling's Ginger Beer, Gosling's Diet Ginger Beer, Polar Ginger Ale, Mountain Dew, Sierra Mist 6 pack **\$5⁶⁵**

Coke, Diet Coke, Coke Zero, Cherry Coke, Sunkist Orange 6 pack **\$5²⁵**

Maxwell House Master Blend Coffee Regular - 11.5 oz. **\$5⁹⁹**

ALL FLAVOURS Welch's Chillers 64 oz. **\$4⁰⁵**

ALL FLAVOURS V-8 Splash 64 oz. **\$4³⁹**

ALL FLAVOURS Pedigree Dog Food 13 oz. can **\$1²⁵**

PET FOOD BUYS
Whiskas Temptations Cat Treats 85 gm. bag. **\$2¹⁵**

DAIRY CASES

Anchor Butter Salted, Unsalted - 454 gm. **\$5³³**

ALL FLAVOURS Sargento Sliced Cheese 8 oz. **\$4²⁵**

ALL FLAVOURS Yoplait Yogurt 6 oz. **\$1¹⁵**

Dole Blended Juices 59 oz. **\$5²⁵**

DRY & CANNED GOODS

Emerald Trail Mix Blends S'Mores, Breakfast, Berry 5.5 oz. **\$3¹⁵**

Bertolli Extra Virgin Olive Oil Spray 5 oz. **\$4³⁹**

ALL FLAVOURS Bush's Baked Beans 28 oz. **\$2⁸⁹**

ALL FLAVOURS Wishbone Dressings 8 oz. **\$2⁰⁵**

Post Great Grains Cereal Honey/Oats & Seeds - 13.5 oz. **\$6³⁹**

Campbell's Cream of Mushroom Soup 10.75 oz. **\$1²⁹**

Nabisco Ritz Sandwich Peanut Butter, Cheese - 1.35 oz. **50¢**

ALL FLAVOURS Nabisco Ritz Chips 8.1 oz. **\$5⁴⁹**

ALL FLAVOURS Herr's Kettle Chips 6 oz. **\$3⁰⁰**

Herr's Cheese Curls 7 oz. **\$3²⁹**

Pepperidge Farm Goldfish Original, Cheddar - 6.6 oz. **\$2²⁹**

Personal Care

TRESemmé Shampoo or Conditioner Keratin Smooth 25 oz. **\$7¹⁰**

Axe Body Wash 16 oz. **\$6³⁹**

HOUSEHOLD & LAUNDRY

Scott Choose-A-Size Paper Towels 2 roll **\$5¹⁵**

Arm & Hammer 2X Detergent Lavender Linen, Sensitive Plus 75 oz. **\$8⁸⁹**

Scott Toilet Paper 1 roll **\$1³⁹**

Palmolive Ultra Dish Detergent 25 oz. **\$4⁴⁵**

Lindo's MARKET

LINDO'S MARKET
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Lindos FAMILY FOODS

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Why Go Anyplace Else?
STORE HOURS:
Mon., Tues. & Thurs. 8am to 7pm
Wed., Fri. & Sat. 8am to 8pm
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