

FALL HARVEST OF Values

Butcher's Choice



FRESH SIRLOIN ROAST

\$8.99 lb.

Butcher's Choice



MASH'S HAMS

\$3.49 lb.

Butcher's Choice



NEW YORK STRIP STEAK

\$13.99 lb.

Butcher's Choice



FROZEN LAMB RACKS

\$14.99 lb.



Hormel SINCE 1891

SPICED HAM

\$4.59 lb.

DELI SLICED



Dairy Cases

Kraft AMERICAN CHEESE SLICES 16 oz. **\$6.29**

Buitoni FETTUCINE 9 oz. **\$3.39**

Buitoni ALFREDO SAUCE Regular - 10 oz. **\$5.85**

Flora MARGARINE 227 gm. **\$1.95**

Oscar Mayer LUNCHABLES BREAKFAST Cinnamon Roll **\$2.33** 3.15 oz.

ALL FLAVOURS Dannon ACTIVIA YOGURTS **\$1.93** 5.3 oz.

NEW! Lunchables Breakfast Cinnamon Roll Dippers

Buitoni Fettuccine All Natural

Freezer Cases

Tyson IQF Boneless/Skinless CHICKEN TENDERLOINS **\$12.87** 40 oz.



Stouffer's FRENCH BREAD PIZZA Extra Cheese **\$5.13** 11.75 oz.



Cavendish FRENCH FRIES Crinkle, Country, Steak, Straight **\$3.05** 2 lb.



Cooked Perfect MEATBALLS Gluten Free **\$9.97** 28 oz.



Pictsweet VEGETABLES Collard Greens, Mustard Greens **\$3.03** 12 oz.



Sea Best TUNA STEAKS **\$11.53** 1 lb.



Geisha SHELL-ON SHRIMP 21/25 ct./1 lb. **\$13.23**



Banquet CHICKEN NUGGETS **\$4.27** 15 oz.



ALL FLAVOURS Turkey Hill ICE CREAM **\$6.75** 48 oz.

Grocery Aisles Canned & Dry Goods, etc.

 Delmonte WHOLE KERNEL CORN \$1.39 15.25 oz.	 Campbell's CREAM OF MUSHROOM SOUP \$1.29 10.75 oz.	 Knorr NOODLES or RICE in SAUCE \$1.89 4.5 oz.
ALL FLAVOURS Healthy Choice SOUP \$2.45 15 oz.	Roland KALAMATA OILVES \$4.49 10.5 oz.	Carolina BROWN RICE \$2.60 2 lb.
Lantic GRANULATED SUGAR \$2.19 4 lb.	Robin Hood WHITE FLOUR \$3.95 5 lb.	Robin Hood QUICK OATS \$2.25 510 gm.
Hunts KETCHUP \$2.45 35 oz.	Jack Rabbit BARLEY \$1.69 1 lb.	Hellmann's MAYONNAISE \$6.75 30 oz.
Ocean Spray 100% Tangerine Orange, 100% Mango Pineapple, 100% Cran-Pomegranate, 100% Cran-Raspberry \$5.25 60 oz.	Delmonte SLICED PINEAPPLE in Juice \$2.00 15.25 oz.	ALL FLAVOURS Minute Maid JUICE \$6.25 10 pk.

THEY'RE NEW!! Fizzes in Your Mouth with Burstin' Berry Flavor! 10 Essential Vitamins and Minerals

Post POPPIN' PEBBLES BURSTIN' BERRY CEREAL 12 oz. box **\$5.35** ea.



Household Buys

Fabuloso ALL-PURPOSE CLEANER All Scents - 800 ml. \$2.69	Palmolive ULTRA DISH DETERGENT All Scents - 25 oz. \$4.45	Scott CHOOSE-A-SIZE PAPER TOWELS \$2.55 1 roll
Cottonelle TOILET PAPER Double Regular, Aloe, Ultra \$6.55 6 pack	Ajax LAUNDRY DETERGENT Bleach, Original \$4.85 50 oz.	Scott's Choice Mega Roll Choose-A-Size Diapers

Personal Care

HUGGIES Little Movers Slip-On Diapers **\$3.29** 3

Suave ALL SCENTS BODY WASH **\$3.19** 12 oz.

Suave SHAMPOO or CONDITIONER Strawberry, Ocean Breeze, Rain Forest, Coconut **\$3.19** 22 oz.

