



\$12⁹⁹ lb. **New York STRIP STEAKS**



PERDUE
\$5⁴⁹ lb. **Boneless/Skinless CHICKEN BREASTS**



\$12⁹⁹ lb. **Bone-in RIBEYE ROAST**



\$14⁹⁹ lb. **LAMB RACKS**



Spring Specials

Deli Counter

Always freshly sliced

- Carolina Oven Roasted TURKEY BREAST** \$6⁵⁰ lb.
- Dietz & Watson BEEF BOLOGNA** \$6⁹⁵ lb.
- Certified Angus Beef ROAST BEEF** \$14³⁰ lb.
- Dak BOILED HAM** \$4²⁵ lb.

Dairy & Chill Cases

- Dole Blended Juices** 59 oz. carton \$5²⁵
- Fleischmann's Egg Beaters** 16 oz. carton \$4⁵⁹
- Pillsbury Flaky Cinnamon Rolls** 12.4 oz. can \$3³⁹
- ALL FLAVOURS Chobani Greek Yogurts** \$1⁹⁰ 5.3 oz. cup



Birds-Eye Vegetables

- Sweet Kernal Corn** - 32 oz.
 - Classic Mixed Vegetables** - 32 oz.
 - Broccoli Cuts** - 28 oz.
 - Sweet Garden Peas** - 28 oz.
- YOU PICK \$3⁸⁷**



From the Freezer Cases

- Lean Cuisine Morning Collection Muffin** Turkey Sausage, Egg & Cheese - 18 oz., Vegetable, Egg & Cheese - 15 oz. \$10⁵⁷
- Red Baron Pizzas** Sausage/Pepperoni, Four Meat, Four Cheese - 21 oz. \$7⁸⁵
- Tyson IQF Boneless Chicken Thighs** 40 oz. \$10⁴⁵
- SeaBest Mahi Mahi Fillets** 1 lb. \$11⁰³
- Sara Lee Cheesecake** Strawberry Cream - 26 oz., 16 oz. French Cream - 23.5 oz. \$8⁹⁵
- Turkey Hill Ice Cream** 48 oz. tub \$6⁷⁵
- Galaxy Mini Butter Croissants** 8 pack \$8⁰⁵

RONZONI SINCE 1910
Gluten Free
Delicious 4 Grain Pasta

AVAILABLE IN:
Penne Rigati
Rotini
Spaghetti

12 oz. \$3⁹⁰ each



Right Guard Total Defense Body Wash

Hydrating, Refreshing 16 oz. bottle

Deep cleans to remove dirt & odor. Moisturizes skin to fight dryness.

Protects 18 hours to keep you fresh.



\$6¹⁵ each

- Quaker Harvest Crunch Cereal** Raisin & Almond - 600 gm. \$6⁶⁹
- Quaker Chewy Granola Bars** All varieties - 6.7 oz. \$3⁷⁹
- Kellogg's Special K Pastry Crisps** All varieties - 5 pack \$3³⁵

VALUE SIZE!!
Kellogg's Cereal

- Froot Loops - 21.4 oz.
- Apple Jacks - 21.7 oz.
- Corn Pops - 21.7 oz.

YOU PICK \$6⁹⁵ each



Nabisco Oreo Fudge Creme Cookies 11.3 oz. \$4⁹⁹

Pepperidge Farm Cookies Sugar, Shortbread, Gingermen - 6 oz. \$2⁸⁵

ALL FLAVOURS Cape Cod Potato Chips 8 oz. \$4⁸⁵

Pace Salsa Fire Roasted Tomato & Corn, Texas White Bean, Citrus Pineapple, Peach Mango 16 oz. \$3⁹⁵

ALL FLAVOURS Ronzoni Pasta Sauces 650 ml. \$3⁷⁹

Sunquick Concentrate Pink Guava Strawberry, Passion Fruit - 840 ml. \$6⁸⁵

Dry & Canned Goods

Soda, Juice, Snacks, Pasta, Cereal

Pepsi (Diet or Reg.), Pepsi Max, Mug Cream Soda, Pepsi Caffeine Free (Diet or Reg.), Diet Mountain Dew, Sierra Mist (Diet or Reg.), Cherry Pepsi (Diet or Reg.), Pepsi Throwback \$9⁶⁰ 12 pack

Coke, Diet Coke, Sprite, Coke Zero, Sprite Zero, Cherry Coke \$1²⁹ 20 oz. bottles

Ovaltine Beverage Mix 200 gm. \$3²⁰

Motts Clear Apple Juice 64 oz. \$3⁸⁹

ALL FLAVOURS Ocean Spray Juices 64 oz. \$5²⁵

ALL FLAVOURS Minute Maid Coolers 10 pack \$5³⁹

TWO (2) FLAVOURS V-8 Fusion Energy Drinks 6 pk. \$7⁸⁰

Happy Pet Best buys

Pedigree Dog Food 13 oz. can \$1¹⁵

Whiskas Chef's Favorite Variety Pack Cat Food 12 pack \$9⁶⁰



Household BEST BUYS

Arm & Hammer 2X Laundry Detergent Orchard Bloom with Febreze 75 oz. \$8⁸⁹

Fabuloso All-Purpose Cleaner 28 oz. \$2⁶⁹

Palmolive Ultra Detergent 25 oz. \$4⁴⁹

Mr. Plumr Drain Opener 32 oz. \$3⁵⁵



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LINDO'S FAMILY FOODS
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PHARMACY:
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STORE HOURS:
Mon., Tues. & Thurs. 8am to 7pm
Wed., Fri. & Sat. 8am to 8pm
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