

TILAPIA FILLETS
\$12⁹⁹ lb.

BONE-IN PORK CHOPS
\$4⁹⁹ lb.

Perdue Bone-In CHICKEN THIGHS
\$3²⁹ lb.



FRESH SIRLOIN STEAKS
\$9⁹⁹ lb.

TIGER SHRIMP
\$12⁴⁹ lb.



Deli Counter
Always freshly sliced

Carolina TURKEY BREAST \$6⁵⁰ lb.
Oven Roasted or Smoked

Certified Angus Beef ROAST BEEF \$14³⁰ lb.

Dietz & Watson BLACK FOREST HAM \$11⁵⁹ lb.



Dairy & Chill Cases

Hood Half & Half Cream 16 oz. \$2⁶⁵

Dole Juice Blends 59 oz. \$5²⁵

ALL FLAVOURS Chobani Greek Yogurt \$1⁹⁰
5.3 oz.



save more items throughout the store
weekly deals

5%* OFF Don't forget Lindo's offers a 5% discount off food items every Wednesday*
*Cash sales only Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc



Jeyes Parazone Bleach Citrus Regular \$2⁹⁹
750 ml.

Gain 2X Laundry Detergent \$8⁹⁹
50 oz.

Household BEST BUYS

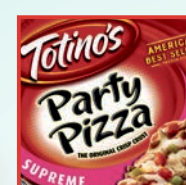
Gain Dish Liquid \$2⁶⁵
24 oz.

WIN 1 of 6 MOTOR BIKES WITH GAIN see details on lindo.bm

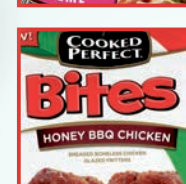


Tyson IQF Boneless/Skinless Chicken Breasts 40 oz. bag \$11⁹⁹

From the Freezer Cases

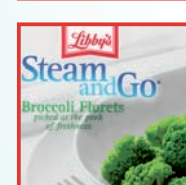


Totino's Pizzas All Varieties - 10.9 oz. \$3⁸⁹

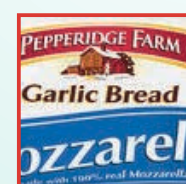


SeaBest Ahi Tuna Steaks 1 lb. \$12⁰⁹

Cooked Perfect Chicken Bites 10 oz. \$4¹⁷



Libby's Steam & Go Veggies Broccoli Florets, Pea, Peas & Carrots - 12 oz. \$2⁸³



Pepperidge Farm Mozzarella Garlic Bread 11.75 oz. \$4⁶³



Blue Bunny Simply Vanilla Ice Cream Bars - 12 pack \$6⁸⁵

Shearway Summer Fruits - 500 gm. \$6⁶³

Dry & Canned Goods

Soda, Juice, Snacks, Pasta, Cereal...

Roland Boneless/Skinless Sardines \$2⁵⁹
In Olive Oil - 4.38 oz.

ALL FLAVOURS Kraft Bulls-Eye BBQ Sauce \$2⁵⁹
18 oz.

Libby's Fruit with Splenda \$4⁸⁵
Fruit Medley, Sliced Peaches - 666 gm.

Kellogg's Frosted Flakes Cereal \$5²⁵
15 oz.

Quaker Oat Bran Squares \$4⁶⁹
12.5 oz.

Emerald Trail Mix \$3¹⁵
Breakfast Blend - 5.5 oz., S'mores Blend - 5.5 oz., Berry Blend - 5.5 oz., Tropical - 6 oz.

Mazola Oil \$11²⁹
Vegetable, Corn - 96 oz.

Old El Paso Taco Dinner Kit \$4⁸⁹
Bold Nacho - 9.5 oz.

Pepsi (Diet or Reg.), Mountain Dew (Diet or Reg.), Mug Cream Soda, Sierra Mist Cranberry, Mug Root Beer (Diet or Reg.), Cherry Pepsi (Diet or Reg.), Sierra Mist, Pepsi Max 2 litre bottle \$3⁶⁰

Coke, Diet Coke, Sprite 1 litre \$2²⁵

V-8 Splash Drinks \$1⁴⁵
All flavours - 16 oz.

Grace Rhythm Drinks 16 oz. \$1⁸⁵



Nabisco Premium Whole Grain Crackers \$3⁷⁰
10 oz.

Pepperidge Farm Cookies \$2⁸⁵
Gingerbread, Sugar, Gingerman - 6 oz.

ALL FLAVOURS Herr's Kettle Chips 6 oz. \$3³⁰

Happy Pet Best buys Pedigree Dog Food \$1¹⁵
13 oz.

Whiskas Temptations Cat Treats \$1⁹⁹
3.2 oz.

Personal Care Buys

Playtex Gentle Glide Tampons \$4⁵⁹ each
Scented, Unscented, Super, Regular, Super Plus - 18 ct.

Coppertone Sport Lotion \$12⁷⁹
SPF 15, 30, 50
8 oz. bottle



LINDO'S MARKET
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LINDO'S FAMILY FOODS
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