

LIVE \* LAUGH \* EAT \* ENJOY

# SUMMER

**BEEF SHORT RIBS**  
\$6.99 lb.

All varieties  
**Haagen Dazs ICE CREAM**  
\$6<sup>33</sup> pint

**Blue Bunny BOMB POPS**  
12 pack  
\$5<sup>23</sup>

**PERDUE 18 PIECE FRYER PACK**  
\$3.99 lb.

**RED SNAPPER FILLETS**  
\$14.99 lb.

**Pepperidge Farm GARLIC TOAST**  
Regular - 12 oz. \$4<sup>77</sup>

**Perdue HOMESTYLE CHICKEN STRIPS** 26 oz. \$11<sup>49</sup>

**Ore Ida SIMPLY POTATO COUNTRY FRIES**  
Olive Oil - 24 oz. \$4<sup>83</sup>

**Birds-Eye VOILA! MEALS**  
All varieties - 21 oz. \$7<sup>23</sup>

**Pictsweet VEGETABLES**  
French Style Green Beans, Cut Green Beans, Peas & Carrots, Peas, Cut Corn, Sliced Carrots, Mixed Vegetables - 12 oz. \$3<sup>05</sup>

**Jennie-O TURKEY BURGERS** 3 lb. \$11<sup>99</sup>

**Stouffer's FRENCH BREAD PIZZA**  
Pepperoni - 11.25 oz., Deluxe - 12.37 oz. \$5<sup>19</sup>

**Shearway SUMMER FRUITS** 500 gm. \$6<sup>63</sup>

**5% OFF** Don't forget Lindo's offers a 5% discount off food items every Wednesday\*  
\* Cash sales only  
Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc

## DELI PICKS

FRESHLY SLICED

**Perdue Pan Roasted TURKEY BREAST** \$7<sup>95</sup> lb.

**HEARTHSTONE HAM** \$7<sup>30</sup> lb.

**Sara Lee Honey Roasted TURKEY BREAST** \$7<sup>49</sup> lb.

**Dietz & Watson BEEF BOLOGNA** \$6<sup>95</sup> lb.



## DAIRY AND CHILL

**Sargento Sliced Cheese** 8 oz. \$4<sup>09</sup>

**Dole Blended Juices** 59 oz. \$5<sup>25</sup>

**Yoplait Greek Yogurt** 5.3 oz. \$1<sup>65</sup>



**Fab Detergent** Spring Magic, Ocean Breeze \$11<sup>65</sup> 100 oz.  
**All Scents Suavitel Fabric Softener** \$3<sup>99</sup> 56 oz.

## HOUSEHOLD AND LAUNDRY BUYS

**Glad Trash Bags** \$5<sup>25</sup> 10 ct./30 gallon



**All flavours 9 Lives Cat Food** 4 pack/5.5 oz. \$3<sup>55</sup>  
**BEST BUYS FOR YOUR PET**

**All flavours Gravy Train Dog Food** 13.2 oz. can 99¢



## PANTRY BUYS

**Nestle Honeynut Cheerios** 341 gm. \$5<sup>00</sup>

**Quaker Cap'n Crunch Berries** 13 oz. \$3<sup>95</sup>

**De Cecco Pasta** Fusilli, Penne Lisce, Pennette, Penne Rigate, Farfalle - 1 lb. \$2<sup>85</sup>

**Aunt Jemima Complete Pancake Mix** Original, Buttermilk - 2 lb. \$3<sup>99</sup>

**Aunt Jemima Syrup** Original, Butter, Lite - 750 ml. \$6<sup>25</sup>

**Tostitos Salsa** All varieties - 15.5 oz. \$3<sup>55</sup>

**Tostitos Tortilla Chips** All varieties - 10 oz. \$4<sup>69</sup>

**Nabisco Ritz Crackerfuls** Cheddar - 6 oz. \$5<sup>15</sup>

**Nabisco Vegetable Thins** 8 oz. \$4<sup>69</sup>

**Duncan Hines Cake Mix** Carrot Cake - 21.4 oz. \$5<sup>10</sup>



**Pepsi (Diet or Reg.), Mountain Dew (Diet.), Mug Cream Soda, Pepsi Max, Caffeine Free Pepsi (Diet or Reg.), Mug Root Beer (Diet or Reg.), Sierra Mist (Diet or Reg.), Cherry Pepsi (Diet or Reg.), Pepsi Throwback** 12 pack \$9<sup>60</sup>

**Barritt's Ginger Beer (Diet or Reg.), Coke (Diet or Reg.), Coca-Cola Life, Sunkist Orange** 6 pack \$5<sup>50</sup>

**V8 Fusion Drink Boxes** All flavours - 8 pack \$5<sup>29</sup>

**Welch's Chillers** All flavours - 64 oz. \$3<sup>99</sup>

**Bertolli Sauces** Tomato/Basil, Five Cheese - 24 oz. \$3<sup>49</sup>

**Crisco Corn Oil** 32 oz. \$4<sup>45</sup>

**Lawry's Marinades** 12 oz. \$3<sup>25</sup>

**Hunts BBQ Sauce** 18 oz. \$1<sup>95</sup>

## PERSONAL CARE

**Pampered Body Wash** Green, Blue - 1 litre \$3<sup>39</sup> each

**YOUR CHOICE** \$3<sup>39</sup> each



**Lindo's MARKET**

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**Lindos FAMILY FOODS**

**LINDO'S FAMILY FOODS**  
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Why Go Anyplace Else?

**STORE HOURS:**  
Mon., Tues. & Thurs. 8am to 7pm  
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