

LIVE \* LAUGH \* EAT \* ENJOY

# SUMMER Specials

**YOUR CHOICE  
FRESH OR FROZEN  
LAMB RACKS**  
\$15.99 lb.

**TILAPIA  
FILLET'S**  
\$12.99 lb.

**PERDUE BONE IN  
CHICKEN  
THIGHS**  
\$3.89 lb.

**BONE IN  
RIBEYE  
STEAKS**  
\$13.99 lb.

## Organic Food

ON SPECIAL THIS MONTH!

Woodstock  
**ORGANIC  
MAYONNAISE** \$6.89  
32 oz. jar

Woodstock  
**ORGANIC  
BBQ SAUCE** \$5.15  
18 oz. bottle



## FREEZER BUYS

Three Twins  
**ORGANIC ICE CREAM** All Varieties \$7.07  
16 oz.

Pepperidge Farm  
**TURNOVERS** \$5.27  
12.5 oz.

Sea Best  
**COD FILLETS** \$6.53  
1 lb.

George's  
**DRUMSTICK/  
THIGH COMBO** \$9.59  
4 lb.

Birds-Eye  
**STEAMFRESH VEGETABLES**  
Broccoli Cuts, Sweet Peas,  
Mixed Vegetables,  
Super Sweet Corn - 12 oz. \$2.65

Cavendish  
**FRENCH FRIES** \$3.49  
Crinkle, Country - 2 lb.

Butcher Block  
**BEEF PATTIES** \$6.03  
24 oz.

DiGiorno  
**PIZZERIA! PIZZAS** 12-inch \$13.43

**5% OFF**

Don't forget Lindo's offers a 5% discount off food items every Wednesday\*

\* Cash sales only  
Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc

## DELI PICKS

FRESHLY SLICED

Carolina  
OVEN ROASTED  
**TURKEY BREAST** \$6.50 lb.

Dietz & Watson  
**BEEF BOLOGNA** \$6.95 lb.

Citterio  
**ROSEMARY HAM** \$9.99 lb.



## DAIRY AND CHILL

Blue Bonnet  
Margarine Sticks 1 lb. \$1.95

Sargento  
Shredded Cheese 8 oz. \$4.25

Tropicana  
Pure Premium  
Orange Juice \$5.90  
Some Pulp, Lots of Pulp,  
Calcium, No Pulp - 59 oz.



Swiss Miss  
Puddings \$4.45  
6 pk.

Yoplait  
Yogurts \$1.05  
6 oz.

Palmolive  
Dishwashing  
Detergent All scents \$2.35  
10 oz.

Good Sense  
Zipper  
Snack Bags 50 bags \$1.99

## HOUSEHOLD AND LAUNDRY BUYS

Purex  
Dirt Lift Action  
Laundry Detergent  
Mountain Breeze  
with Colour Safe  
Bleach Alternative \$5.25  
50 oz. jug  
25 LOADS FOR ALL MACHINES



PERSONAL CARE VALUE BUYS

Arrid Xdry  
Deodorant  
Spray Regular - 200 ml. \$3.85

St. Ives  
Body Lotion  
All types - 21 oz. \$7.10 ea.



## PANTRY BUYS

canned goods, beverages, snacks, grains, sauces, and more!

Nestle  
Honeynut  
Cheerios 341 gm. \$5.10

Hunts  
BBQ Sauce 18 oz. \$1.95

Crisco  
Vegetable Oil 32 oz. \$3.99



Pepperidge Farm  
Sweet & Simple  
Cookies \$2.85 ea.  
Sugar - 5.25 oz.,  
Gingerman - 5 oz.,  
Shortbread - 6 oz.

Herr's  
Kettle Chips 6 oz. bag \$3.30

Nabisco  
Wheat Thins  
Flatbread \$4.69  
5.5 oz.



Pepsi (Diet or Reg.),  
Mountain Dew (Diet or Reg.),  
Mug Cream Soda,  
Mug Root Beer (Diet or Reg.),  
Sierra Mist Cranberry,  
Cherry Pepsi (Diet or Reg.),  
Pepsi Max, \$3.65  
Sierra Mist 2 litre

Coke, Coca-Cola Life, \$5.70  
Diet Coke 6 pack

Minute Maid  
Coolers \$5.70  
All flavours - 10 pk.

V8 Fusion & V8  
Veggie Blends \$1.65  
All flavours - 12 oz.

Musselman's  
Apple Juice \$3.99  
Clear - 64 oz.

Ocean Spray  
Drinks \$5.45  
All flavours - 64 oz.

Ribena  
Blackcurrant  
Concentrate \$8.15  
1 litre



All flavours  
Whiskas  
Meaty Selections  
Cat Food \$6.19  
3 lb.

## BEST BUYS FOR YOUR PET

Pedigree  
Adult Small  
Crunchy Bites \$6.99  
3.5 lb. bag



Lindo's MARKET

LINDO'S MARKET  
4 Watlington Road East, Devonshire  
Tel: 236-5623  
PHARMACY:  
t: 236-7732 f: 236-7922  
email: pharmacy@lindos.bm

Lindo's FAMILY FOODS

LINDO'S FAMILY FOODS  
128 Middle Road, Warwick  
Tel: 236-1344  
PHARMACY:  
t: 236-0010 f: 236-0009  
email: rxd@lindos.bm

Why Go Anyplace Else?  
STORE HOURS:  
Mon., Tues. & Thurs. 8am to 7pm  
Wed., Fri. & Sat. 8am to 8pm  
web: www.lindos.bm