



**\$9<sup>45</sup> lb.**

**HOME ROASTED TURKEY BREAST**



**\$4<sup>25</sup> lb.**

**BOILED HAM**



**\$12<sup>15</sup> lb.**

**BLACK FOREST HAM**

**5% OFF**

Don't forget Lindo's offers a 5% discount off food items every Wednesday\*

\* Cash sales only - Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc



**La Yogurt Yogurts** All Flavours - 6 oz. **\$1<sup>15</sup>**

**Nesquik Drinks** All Flavours - 14 oz. **\$2<sup>75</sup>**

**Jell-O Puddings** Chocolate, Vanilla, Chocolate Vanilla Swirl 4 pack **\$3<sup>49</sup>**

**Dannon Smoothies** 3.1 oz./6 pack **\$5<sup>23</sup>**

# BACK TO SCHOOL



**ORGANIC**  
The Seaweed Chip™  
Sea Salt • Texas BBQ  
Hot & Spicy  
3 oz. **\$3<sup>99</sup> ea.**



**\$5<sup>99</sup> lb.**

**Boneless CHICKEN BREAST**



**\$12<sup>99</sup> lb.**

**SALMON STEAKS**



**\$6<sup>99</sup> lb.**

**BEEF SHORT RIBS**



**\$4<sup>99</sup> lb.**

**Bone-in PORK CHOPS**

What's your **FUDGE FAVORITE?**

**Lindo's Group of Companies**

- Purchase any 2 participating Keebler products and circle them on your receipt.
- Write your name and phone number on the back of the receipt.
- Drop your receipt in the ballot box at the front of any Lindo's grocery store.

Receipt dates must be current and within promotion dates to be eligible.

\* Promotion date: Sept 1 - Oct 31, 2015  
www.keebler.com

\*Lindo's and BGA employees are not eligible.

Participate for the chance to **WIN**

1 of 8 grocery vouchers from **Lindo's Group of Companies**

1 of (2) \$1000 VOUCHERS  
1 of (2) \$500 VOUCHERS  
1 of (4) \$250 VOUCHERS

**take your pick**

**KEEBLER Coconut Dreams** 8.5 oz. **each \$4<sup>85</sup>**

**KEEBLER Chips Deluxe Cookies**  
Chocolate Lover's - 13.3 oz. **each \$4<sup>39</sup>**  
Original - 14.2 oz.

from the **FREEZER CASES**

**Rhodes Cinnamon Rolls with Frosting** 36.5 oz **\$7<sup>87</sup>**

**Cooking Good Nuggets, Tenders, or Patties** 32 oz. **\$9<sup>29</sup>**

**Bays English Muffins** All varieties - 6 pack **\$4<sup>49</sup>**

**Ore Ida Simply Potato Wedges** Olive Oil & Sea Salt, Roasted Garlic & Herb **\$4<sup>93</sup>** 24 oz.

**Turkey Hill Ice Cream** 48 oz. **\$6<sup>53</sup>**

**Sea Best Mahi Mahi Fillets** 1 lb. **\$11<sup>83</sup>**

**Pepperidge Farm Layer Cakes** 17 oz. **\$6<sup>63</sup>**

**Tyson Split Chicken Breasts** 40 oz. **\$9<sup>33</sup>**

**Birds-Eye Voila! Meals** 21 oz. **\$7<sup>23</sup>**

**PANTRY BUYS**

**Skippy Natural Peanut Butter** Regular, Chunky, Honey, Dark Chocolate - 15 oz. **\$4<sup>05</sup>**

**Emerald Breakfast On-the-Go Blend** All varieties - 5 pack **\$4<sup>15</sup>**

**Light & Fluffy Egg Noodles** Med., Wide - 12 oz. **\$2<sup>69</sup>**

**Prego Pasta Sauce** All varieties - 28 oz. **\$2<sup>99</sup>**

**Kraft Macaroni & Cheese** All varieties 7.25 oz. **\$1<sup>65</sup>**

**Household**

**Fab Detergent** Majestic, Ocean Breeze, Rain Forest 50 oz. jug **YOUR CHOICE \$6<sup>05</sup> ea.**

**Personal Care**

**Pampered Bubble Bath** Blue, Green - 1 litre **\$3<sup>39</sup> ea.**

**SNACKS**

**Hershey's Chocolate Chips** Semi-Sweet - 12 oz. **\$3<sup>59</sup>**

**Pepperidge Farm Goldfish Crackers** Original, Cheddar - 6.6 oz. **\$2<sup>35</sup>**

**Nabisco Ritz Sandwich** Peanut Butter, Cheese 1.35 oz. **49¢**

**Cheetos Crunchy** 8 oz. **\$2<sup>95</sup>**

**Lays Potato Chips** 6.5 oz. **\$3<sup>55</sup>**

**Nabisco BelVita Cookies** Apple Cinnamon, Golden Oat, Blueberry 8.8 oz. **\$5<sup>45</sup>**

**All Varieties Mott's Applesauce** 6 pack **\$3<sup>35</sup>**

**Pepsi (Diet or Reg.), Mountain Dew (Diet or Reg.), Mountain Dew Code Red, Sierra Mist (Diet or Reg.), Cherry Pepsi (Diet or Reg.), Sierra Mist Cranberry, Mug Cream Soda, Pepsi Max** 20 oz. **\$1<sup>25</sup>**

**BEVERAGES**

**Coca-Cola (Diet or Reg.), Cherry Coca-Cola, Coca-Cola Zero** 20 oz. **\$1<sup>30</sup>**

**V8-Fusion Energy Drinks** Pomegranate Blueberry, Peach Mango - 6 pk. **\$7<sup>80</sup>**

**Ceres 100% Juice Box** Apple, Grape, Orange, Fruit Punch - 6 pk. **\$3<sup>69</sup>**