

THE T-BONE CUT

Combines two lean, tender steaks

T-Bone Steaks are a Filet Mignon and Strip Sirloin in one steak, connected by a T-shaped bone.

FRESH MEATS

T-BONE STEAKS
\$12⁹⁹ lb.

DIETZ & WATSON

BEEF BOLOGNA
\$8²⁵ lb.

DELI PICKS

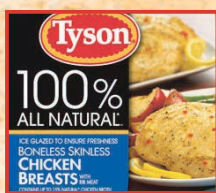
BOILED HAM
\$4²⁵ lb.

PASTRAMI
CORNED BEEF
\$13⁴⁰ lb.
ROAST BEEF
\$13²⁵ lb.

Fabulous Fall

Favourites

From the Freezer Cases Convenience foods, frozen meals...



Tyson IQF Boneless/Skinless Chicken Breasts 40 oz. \$11⁸⁷



Green Giant Corn on the Cob 12 ear \$5⁸⁵



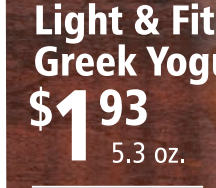
Banquet Chicken Nuggets 15 oz. \$4⁵⁵



Banquet Hot & Spicy Wings 11 oz. \$6⁸³



Iceland Croquette Potatoes 908 gm. \$4⁸³



Johnsonville Italian Sausage Mild, Hot, Hot & Spicy - 19 oz. \$6²⁹



Sea Best Cod Fillets 1 lb. \$6⁵³



Totino's Party Pizza 10.9 oz. \$3⁸⁹



Wyman's Fruit Wild Blueberries, Mixed Berries, Red Raspberries - 15 oz. \$5¹³



Breyer's Ice Cream 48 oz. \$6⁵³



Twix - 95 gm \$1⁶⁹ ea.
Snickers - 95 gm
M&M's Peanut - 97 gm

Perfect for HALLOWEEN!



Orville Redenbacher's MICROWAVE POPCORN 3 pack \$3¹⁵ ea.

Dry, Canned & Bottled Goods Cereal, Grains, Sauces, Snacks, Beverages...

Dairy & Chill Cases

All Flavours Dannon Light & Fit Greek Yogurt \$1⁹³ 5.3 oz.

Anchor Butter Salted, Unsalted \$5⁴³ 454 gm.

I Can't Believe It's Not Butter \$4¹⁷ 15 oz. tub

Kraft Cracker Barrel Cracker Cuts Extra Sharp, White \$5¹³ 7 oz.

Pillsbury Cinnamon Rolls 11.5 oz. \$3²⁷

HUGGIES Pull-Ups Training Pants

\$14¹⁹ ea.

Suave Body Wash All Scents 12 oz. bottle \$3⁴⁹ ea.

Suave PROFESSIONALS Shampoo or Conditioner For Damaged Hair 12.6 oz. bottle \$3²⁵ ea.

BOP Insect Spray Original \$5³⁵ 600 ml.

GREAT VALUE HOUSEHOLD buys

Palmolive Ultra Dishwashing Liquid Oxy Power Degreaser, Original, Lavender, Antibacterial \$2³⁵ 10 oz.

32 LOADS Ajax Ultra Laundry Detergent Regular Bleach Alternative 50 oz. jug \$5²⁰ ea.

Your Choice!



Good Natured Baked Multigrain Crisps Tuscan Garden Medley Cheddar Cheese Original Grain 7.5 oz. bag \$4⁸⁵ ea.



Nestle Cheerios 340 gm. \$4⁶⁵



Post Natural Raisin Bran Cereal 20 oz. \$5³⁵



Libby's Viennas Regular, Chicken - 5 oz. 88¢



Kraft Easy Mac Cups Triple Cheese, Regular 2.05 oz. \$1⁷⁹



Maxwell House Ground Coffee Original Roast - 11.5 oz. \$6⁴⁵



Maxwell House Ground Coffee Hazelnut - 11 oz. \$7⁹⁵



Campbell's V8 Fruit & Vegetable Blends Healthy Greens, Purple Power, Carrot Mango, Golden Goodness - 46 oz. \$5⁰⁰



Pam Cooking Spray Vegetable, Butter Olive Oil - 5 oz. \$3⁶⁹

Kraft Grated Parmesan Cheese 8 oz. \$5⁶⁵

Hunts Whole or Stewed Tomatoes 14.5 oz. \$1³⁵

Jack Rabbit Medium Barley 16 oz. \$1⁷⁵

Prego Sauces All varieties 28 oz. \$2⁹⁹

Ronzoni Elbow Macaroni 16 oz. \$1⁶⁵

Mazola Oil Vegetable, Corn - 96 oz. \$11²⁵

Voortman's Cookies Chunky Chip, Rainbow Chip, Oatmeal Raisin, Coconut Delight 400 gm. \$3³⁵

Pace Restaurant Style Salsa Fire Roasted Corn & Tomato, Citrus Pineapple, Texas-Style White Bean, Peach Mango - 16 oz. jar \$3⁹⁵

5% OFF

Don't forget Lindo's offers a 5% discount off food items every Wednesday*

* Cash sales only Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc

Lindo's MARKET

LINDO'S MARKET 4 Watlington Road East, Devonshire Tel: 236-5623

PHARMACY: t: 236-7732 f: 236-7922 email: pharmacy@lindos.bm

Lindo's FAMILY FOODS

LINDO'S FAMILY FOODS 128 Middle Road, Warwick Tel: 236-1344

PHARMACY: t: 236-0010 f: 236-0009 email: rxd@lindos.bm

Why Go Anyplace Else?

STORE HOURS: Mon., Tues. & Thurs. 8am to 7pm Wed., Fri. & Sat. 8am to 8pm

web: www.lindos.bm