



**\$22<sup>99</sup>** lb. Fresh **BEEF TENDERLOIN** Roasts or Steaks



**\$13<sup>99</sup>** lb. Fresh **SALMON FILLETS**



**\$5<sup>99</sup>** lb. Frozen **LAMB LEGS**



**\$8<sup>99</sup>** lb. Fresh **CHOURICO**



**\$3<sup>99</sup>** lb. **HAM HOCKS**

**FRESH FROM THE DELI COUNTER**

SARA LEE **OVEN ROASTED CHICKEN BREAST** **\$9<sup>99</sup>** lb.

SARA LEE **HONEY ROASTED TURKEY BREAST** **\$7<sup>49</sup>** lb.

HILLSHIRE FARM **HEARTHSTONE HAM** **\$7<sup>30</sup>** lb. *Always Freshly Sliced*

DIETZ & WATSON **BEEF BOLOGNA** **\$8<sup>39</sup>** lb.



**Tide 2X Laundry Detergent** **\$9<sup>99</sup>** 50 oz.

**Gain 2X Laundry Detergent** **\$9<sup>20</sup>** 50 oz.

**Puffs Ultra Soft & Strong Tissues** **\$1<sup>75</sup>** 56's - cube

**Charmin Ultra Toilet Paper** Strong, Soft **\$13<sup>25</sup>** 12 pack

**Household ESSENTIALS**

**Palmolive Ultra Dish Detergent** **\$4<sup>49</sup>** 25 oz.

**Bounty Select-a-Size Paper Towels** White **\$2<sup>46</sup>** 1 roll



**Personal Care**

**St. Ives Body Lotion** All types 21 oz. **\$7<sup>50</sup>**

**One-A-Day Multi-Vitamins** Men's, Women's 100's **\$13<sup>89</sup>**

**From the Freezer Cases**

**Birds-Eye Voila! Meals** 21 oz. **\$7<sup>23</sup>** ALL VARIETIES

**George's Thigh/Drumstick Combo** 4 lb. **\$9<sup>59</sup>**

**Totino's Party Pizza** 10.9 oz. **\$3<sup>83</sup>**

**Pepperidge Farm Garlic Toast** 12 oz. **\$4<sup>77</sup>**

**Banquet Chicken Nuggets** 15 oz. **\$4<sup>55</sup>**

**Rhodes Anytime! Caramel Rolls** 6 pk. **\$7<sup>65</sup>**

**Dairy & Chill Cases**

**International Delight Coffee Creamer** 16 oz. **\$2<sup>69</sup>** ALL FLAVOURS

**La Yogurt Yogurt** 6 oz. **\$1<sup>15</sup>** ALL FLAVOURS

**Dole Blended Juice** 59 oz. **\$5<sup>25</sup>** ALL FLAVOURS

**Stock up on Pantry**

**McCormick Slow Cookers Seasonings** BBQ Pulled Pork, Pot Roast, BBQ Ribs, Beef Stew, Beef Stroganoff **\$1<sup>99</sup>**

**Heinz BBQ Sauce** Smokey, Original 19 oz. **\$2<sup>85</sup>**

**Heinz Baked Beans in Tomato Sauce** 1 litre **\$6<sup>85</sup>**

**Crisco Canola Oil** 32 oz. **\$4<sup>45</sup>**

**Catelli Stars Pasta** 375 gm. **\$2<sup>10</sup>**

**Emerald Trail Mix Blends** S'mores, Berry, Tropical, Breakfast 5.5 oz. **\$3<sup>15</sup>**

**Pepperidge Farm Milano Cookies** 7 oz. **\$2<sup>85</sup>**



**Campbell's CHUNKY SOUP** 18.6 oz. can **\$2<sup>79</sup>** each

**Lays Kettle Chips** 6.5 oz. **\$3<sup>45</sup>** ALL FLAVOURS

**Nabisco Single Serve Cookies** 1 oz. **80¢** ALL FLAVOURS

**Pringles Snack Size Potato Crisps** Original, Sour Cream & Onion **\$4<sup>99</sup>** 8 pack

**Doritos Tortilla Chips** Cool Ranch, Nacho **\$2<sup>95</sup>** 7 oz.

**5% OFF** Don't forget Lindo's offers a 5% discount off food items every Wednesday\*  
\*Cash sales only - Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc



**Van's WAFFLES Multigrain** 8 oz. **\$3<sup>79</sup>**



**Sea Best Breaded Butterfly SHRIMP** 10 oz. **\$6<sup>05</sup>**



**WARM UP WITH CAMPBELL'S CHUNKY SOUPS**



**Coke, Diet Coke, Sprite** 1 litre **\$2<sup>30</sup>**

**Pepsi, Diet Pepsi, Mountain Dew (Diet or Reg.), Sierra Mist (Diet or Reg.), Cherry Pepsi (Diet or Reg.), Pepsi Max, Mug Root Beer, Pepsi Throwback, Mug Cream Soda** 20 oz. **\$1<sup>20</sup>**

**Ceres 100% Juice** 6 pack **\$4<sup>05</sup>** ALL FLAVOURS

**Pet Food Best Buys**

**Pedigree Cesar Selects Dog Food** 3.5 oz. **\$1<sup>10</sup>**

**Whiskas Variety Pouches Cat Food** Poultry, Seafood, Purrfectly Fish 12 pack **\$7<sup>45</sup>**



**LINDO'S MARKET**  
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**PHARMACY:**  
t: 236-7732 f: 236-7922  
email: pharmacy@lindos.bm



**LINDO'S FAMILY FOODS**  
128 Middle Road, Warwick  
Tel: 236-1344  
**PHARMACY:**  
t: 236-0010 f: 236-0009  
email: rxd@lindos.bm

**Why Go Anyplace Else?**  
**STORE HOURS:**  
Mon., Tues. & Thurs. 8am to 7pm  
Wed., Fri. & Sat. 8am to 8pm  
web: www.lindos.bm