

TESCO  
Italian Chopped  
Tomatoes 400 gm. **\$2.15**

TESCO  
Pearl Barley 500 gm. **\$1.70**

TESCO  
Malt Vinegar 284 gm. **99¢**

**TESCO**  
PANTRY

**TESCO**

FROZEN VEGETABLES

900 gm. bag

Fine Whole Green Beans,  
Leaf Spinach, Broccoli Florets,  
Cauliflower Florets,  
Broccoli & Cauliflower Florets,  
Sweet Mini Corn on The Cob

Your Choice **\$4.15** each

**YOU SAVE 50¢**

savings



**Ensure**

Complete Balanced Nutrition®  
For Everyday Health

**ENSURE**  
NUTRITION SHAKES

Vanilla  
Strawberry  
Chocolate  
6 pack

Your Choice  
**\$13.90** each



**KELLOGG'S**  
SPECIAL K  
PASTRY CRISPS  
Strawberry  
5 pack  
**\$3.60**



**KELLOGG'S**  
SPECIAL K  
CEREAL  
Red Berries  
11.2 oz. box  
**\$4.95**



**NEW!**

stock up on pantry



**Chips Ahoy**  
THINS  
**\$4.99**  
7 oz.

**FRENCH'S**  
Classic Yellow  
Mustard 20 oz. **\$3.95**

**CRISCO**  
Vegetable Oil 32 oz. **\$3.35**

**CRISCO**  
Cooking Spray  
Vegetable - 6 oz. **\$3.15**

**CARNATION**  
Evaporated Milk 410 gm. can. **99¢**

**FOLGERS**  
100% Colombian  
Ground Coffee 10.3 oz. **\$5.70**

**CERES**  
100% Juice Boxes  
All flavours - 6 pack **\$3.85**

**LE BLEU** **\$1.85**  
Water 1.5 litre

**DOLE** **\$3.65**  
Pineapple Juice 46 oz.

**HEINZ** **\$2.75**  
Baked Beans in  
Tomato Sauce 415 gm.

**HEINZ** **\$3.45**  
Tomato Ketchup 32 oz.

**HUNGRY JACK**  
Original  
Pancake Syrup 14 oz. **\$2.99**



**BE STRONG**

**Special K**

YOU COULD BE A  
**WINNER**  
PLAY TO WIN  
INSTANT PRIZES



Look for the promoter at the store

- Show your proof of purchase of 1 box of Special K® cereal and 1 box of Special K® bar participating products.
- Play to win INSTANT PRIZES.

If you miss the promoter bring your receipt to BGA, 1 Mill Creek to redeem your prize.



**KEEBLER**  
Cheez-Its  
Wholegrain, Mozzarella - 12.4 oz. **\$4.99**

**PRINGLES**  
Potato Crisps 137 gm. **\$2.35**

**NABISCO**  
Vegetable Thins 8 oz. **\$4.69**

**NABISCO**  
Nilla Wafers 11 oz. **\$5.09**

household & laundry

**ARM & HAMMER**  
2X Detergent  
Tropical Burst - 75 oz.  
**\$8.89**

**OXI CLEAN**  
2X Power Liquid  
Detergent 42 oz.  
**\$6.55**



**NESTLE**  
Kit Kat  
4 finger/3 pack  
**\$2.40**

**McVITIES**  
Iced Gems  
25 gm. **\$4.10**

**Cadbury**  
Dairy Milk Bars  
Dairy Milk - 45 gm.  
Whole Nut - 45 gm.  
Fruit & Nut - 49 gm.  
**Your Choice \$1.39 each**

**ROWNTREE'S**  
Fruit Pastilles  
Blackcurrant - 3 pack **\$3.00**

**TILEX**  
Mildew Stain  
Remover 16 oz. spray  
**\$3.65**

**GLAD**  
Force-Flex  
Trash Bags 25-30 gal.  
**\$14.35**



health & beauty  
BUYS

**BAN**  
Roll-on  
Deodorant  
Powder Fresh  
Unscented,  
Regular 103 ml.  
**\$7.25**



**TRESemme**  
Shampoo or  
Conditioners  
Smooth & Silky,  
Healthy Volume,  
Anti-Breakage  
28 oz. bottle  
**Your Choice \$6.35 each**



**PURINA**  
Beneful  
Dog Food  
Original - 6.3 lb. bag  
**\$15.65**

**FANCY FEAST**  
Variety Pack  
Cat Food 24 can pack  
**\$25.30**



**PET PICKS**

**Lindo's**  
MARKET

**LINDO'S MARKET**  
4 Watlington Road East, Devonshire  
Tel: 236-5623

**PHARMACY:**  
t: 236-7732 f: 236-7922  
email: pharmacy@lindos.bm

**Lindos**  
**FAMILY FOODS**

**LINDO'S FAMILY FOODS**  
128 Middle Road, Warwick  
Tel: 236-1344

**PHARMACY:**  
t: 236-0010 f: 236-0009  
email: rxd@lindos.bm

Why Go Anyplace Else?

STORE HOURS:  
Mon., Tues. & Thurs. 8am to 7pm  
Wed., Fri. & Sat. 8am to 8pm

web: www.lindos.bm