

# FRESH T-BONE STEAKS

**\$15<sup>99</sup>** LB.

# FRESH Bone-in PORK CHOPS

**\$5<sup>99</sup>** lb.

# Summer Discount Days

Green Giant® Riced Veggies are an exciting new way to eat veggies that are a gluten-free, low-calorie food. Enjoy as a great alternative to rice, potatoes and pasta. These veggies are ready for roasting, baking, sautéing, mashing or steaming.

## GREEN GIANT Riced Veggies

Cauliflower Lemon & Garlic  
12 oz. bag

Butternut Squash  
12 oz. bag

Beets  
10 oz. bag

**\$4<sup>49</sup>** ea.

## BANQUET Breaded Chicken

Nuggets - 15 oz.,  
Tenders - 12.6 oz.,  
Patties - 14 oz.

Your Choice!  
**\$5<sup>05</sup>** ea.

## CARIBBEAN FOOD DELIGHTS Patties

Beef (Mild or Spicy),  
Vegetable, Curry Chicken,  
Beef & Cheese - 2 pack

Your Choice!  
**\$4<sup>53</sup>** ea.

## SEA BEST Tuna Steaks

1 lb. **\$12<sup>27</sup>** ea.

## HOT POCKETS Egg & Cheese Biscuit

9 oz. pkg. **\$4<sup>05</sup>** ea.

## TYSON Boneless/Skinless Chicken Breast

2.5 lb. bag **\$12<sup>45</sup>** ea.

## TOTINO'S Pizzas

All flavours  
10.9 oz.

**\$3<sup>67</sup>** ea.

## COOKED PERFECT Turkey Meatballs

12 oz. bag

**\$4<sup>53</sup>** ea.

## WYMAN'S Cherry Berry, with Kale

3 lb. bag **\$15<sup>75</sup>** ea.

DAK BOILED HAM  
**\$5<sup>80</sup>** lb.

TURKEY HILL Ice Cream  
All flavours - 48 oz.  
**\$6<sup>99</sup>** ea.

## KRAFT Cheese Chunks

Sharp Cheddar,  
Extra Sharp Cheddar,  
Monterey Jack, Colby,  
Pepper Jack, Mozzarella,  
Mild Cheddar

**\$4<sup>63</sup>** 8 oz. pkg. ea.

## DANNON Oikos Triple Zero Yogurt

5.3 oz. cup

**\$1<sup>95</sup>** YOUR CHOICE ea.

## SHEDD'S Country Crock Margarine

15 oz. tub

**\$3<sup>39</sup>** ea.

## Dairy & Chill Cases

## PILLSBURY Cinnamon Rolls

11.5 oz.

**\$3<sup>59</sup>** ea.

## PILLSBURY Pizza Crust

13.8 oz.

**\$3<sup>49</sup>** ea.

**P3** PORTABLE PROTEIN PACK

Protein Plates  
All varieties  
3.2 oz.

Your Choice!  
**\$3<sup>85</sup>** ea.

## KRAFT American Cheese Slices

8 oz. pkg.

**\$3<sup>45</sup>** ea.

## Save on Personal Care

Kotex® Ultra Thin Sanitary Pads 22 pads **\$5<sup>55</sup>** ea.



## Dove Shower Foam

3 scents available  
13.5 oz. pump

**\$11<sup>15</sup>** ea.



## HUGGIES Little Movers Slip-On Diapers

All Sizes

**\$13<sup>90</sup>** ea.

**5%\*** SENIOR TUESDAY and DISCOUNT WEDNESDAY  
5% off Cash and Credit Card Sales

\*Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc.

## Dry, Canned & Bottled Goods

Soups, Pasta, Rice, Sauces, Beverages...



UNCLE BEN'S Brown Rice 1 lb. **\$2<sup>30</sup>** ea.



KNORR Noodle Sides All varieties - 4.5 oz. **\$2<sup>09</sup>** ea.



JORDAN'S Simply Granola with Honey 750 gm. **\$8<sup>15</sup>** ea.



PREGO Pasta Sauces Spinach Florentine & Cheese, Bacon & Provolone, Merlot Marinara - 24 oz. **\$2<sup>99</sup>** ea.



CAMPBELL'S Cheddar Cheese Soup 10.5 oz. **\$1<sup>99</sup>** ea.



HUNTS BBQ Sauce 18 oz. **\$1<sup>99</sup>** ea.



LEA & PERRINS Chicken Marinade 10 oz. **\$5<sup>09</sup>** ea.



JUICY JUICE Drinks All varieties - 64 oz. **\$4<sup>99</sup>** ea.

HERR'S Cheese Curls Regular - 7 oz. **\$3<sup>55</sup>** ea.

HERR'S Blue Corn Tortilla Chips 9 oz. **\$4<sup>99</sup>** ea.

HERR'S Salsa Mild, Medium, Hot - 16 oz. **\$4<sup>50</sup>** ea.

HERR'S Potato Chips Sour Cream & Onion, BBQ, Ripple - 5.3 oz. **\$2<sup>85</sup>** ea.

PLANTERS Salted Mixed Peanuts 6.5 oz. **\$4<sup>70</sup>** ea.

Minute Maid 100% JUICE FRUIT PUNCH **\$6<sup>25</sup>** ea.

100% Juice Boxes All flavours - 10 pack

## Household & Laundry Essentials

Supplies you need to keep your home & laundry clean and spiffy



AJAX Concentrated Laundry Detergent

Your Choice!  
Stain Be Gone Oxy Overload 60 oz. jug **\$4<sup>99</sup>** ea.



PALMOLIVE Dish Detergent All scents 20 oz. **\$4<sup>65</sup>** ea.



SCOTT Comfort Plus Tissue 4 roll pack **\$2<sup>99</sup>** ea.



SCOTT Choose-A-Sheet Towels 6 roll pack **\$12<sup>99</sup>** ea.

## Best Buys for Pets

NATURE'S RECIPE Grain Free Dog Food 2.75 oz. tray **\$1<sup>65</sup>** ea.



Your Choice!  
9 LIVES Cat Food 5.5 oz. can **\$3<sup>65</sup>** ea.



HEFTY Deluxe Foam Plates 40 ct./8.875-inch **\$5<sup>85</sup>** ea.

HEFTY Easy Grip Cups 50 ct./9 fl. oz. **\$4<sup>85</sup>** ea.

**Lindo's MARKET**

LINDO'S MARKET  
4 Watlington Road East, Devonshire  
Tel: 236-5623

PHARMACY:  
t: 236-7732 f: 236-7922  
email: pharmacy@lindos.bm

**Lindos FAMILY FOODS**

LINDO'S FAMILY FOODS  
128 Middle Road, Warwick  
Tel: 236-1344

PHARMACY:  
t: 236-0010 f: 236-0009  
email: rxd@lindos.bm

Why Go Anyplace Else?

STORE HOURS:  
Mon., Tues. & Thurs. 8am to 7pm  
Wed., Fri. & Sat. 8am to 8pm  
web: www.lindos.bm