

DAIRY & CHILL CASE

- YOPLAIT Yogurt**
All varieties - 6 oz. cup **95¢** ea.
- LAND O LAKES Spreadable Butter** 8 oz. **\$3.15** ea.
- CHOBANI Yogurt Drinks**
All varieties - 7 oz. **\$2.15** ea.
- SARGENTO Shredded Cheese**
All varieties - 8 oz. pkg. **\$3.95** ea.
- PILLSBURY Cinnamon Rolls**
11.5 oz. pkg. **\$3.59** ea.

FREEZER CASE BUYS

- BANQUET Brown & Serve Sausages**
Links or Patties - 6.4 oz. **\$2.03** ea.
- SWANSON Hungry Man Dinners**
16 oz. **\$3.43** ea.
- SIMPLY SEA Mahi Mahi**
1 lb. **\$7.03** ea.
- BIRDS-EYE Steamfresh Broccoli/Cauliflower/Carrot Blend** - 10.8 oz. **\$3.45** ea.
- DiGIORNO Crispy Pan Pizza**
All varieties - 12-inch **\$15.89** ea.

5% OFF SENIOR TUESDAY and DISCOUNT WEDNESDAY **5% off Cash and Credit Card Sales**
*Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc.

BUTCHER'S CHOICE
FRESH UK SAUSAGES **\$8.99 lb.**



FROZEN WILD CAUGHT RED SHRIMP **\$29.49 ea.**
2 LB. BAG

HARVESTLAND BONELESS/SKINLESS CHICKEN BREASTS
\$9.40 lb. **BUTCHER'S CHOICE**



SUMMER

savings throughout the store

- CAP'N CRUNCH Cereal**
Original - 350 gm. **\$3.69** ea.
- DeCECCO Pasta** *Your Choice*
Farfalle, Penne Rigate, Pennetti, Rigatoni, Linguine - 1 lb. **\$3.19** ea.
- UNCLE BEN'S Brown Rice**
1 lb. **\$2.30** ea.
- WESSON Vegetable Oil**
48 oz. **\$5.40** ea.
- CHEF BOYARDEE Micro Meals**
All varieties - 7.5 oz. **\$1.79** ea.
- OLD EL PASO Flour Tortillas**
11 oz./8-inch **\$3.45** ea.
- JOY Waffle Cones**
12 pk. **\$5.40** ea.
- JELL-O Simply Good Gelatin** *Your Choice*
Raspberry Lemonade, Orange Tangerine, Mixed Berry - 3 oz. **\$2.35** ea.

- STUBB'S BBQ Sauce**
18 oz. **\$4.00** ea.
- HERR'S Kettle Chips**
6 oz. **\$3.55** ea.
- PEPPERIDGE FARM Goldfish Crackers**
Extra Cheddar, Colors - 6.6 oz. **\$2.45** ea.
- NABISCO Old Fashioned Ginger Snaps**
16 oz. **\$4.79** ea.
- McVITIES Digestives**
250 gm. **\$2.65** ea.
- KRAFT Punchers 100% Fruit Juice** *Your Choice*
All flavours - 10 pack **\$6.19** ea.
- ANY 2 LITRE BOTTLE**
CHERRY PEPSI (Diet or Reg.), MUG ROOT BEER (Diet or Reg.), MOUNTAIN DEW (Diet or Reg.), GOSLING'S GINGER BEER, MUG CREAM SODA, MIST TWIST, PEPSI MAX PEPSI (Diet or Reg.) **\$3.65** ea.
- ANY 6 PACK/12 oz. cans**
COKE, DIET COKE, SUNKIST ORANGE **\$7.05** ea.

FRESH TILAPIA FILLETS **\$12.99 lb.**



FRESH T-BONE STEAKS **\$15.99 lb.** **BUTCHER'S CHOICE**



FRESH BONE-IN PORK CHOPS **\$5.99 lb.** **BUTCHER'S CHOICE**



Pedigree Little Champions Dog Food
100 gm. pouch **69¢** ea.

whiskas Temptations Cat Treats
All flavours 3.2 oz. pouch **\$2.09** ea.



Household and Laundry

- AJAX Ultra Laundry Detergent**
Stain Be Gone, Oxy Overload - 60 oz. **\$4.99** ea.
- PINESOL All-Purpose Cleaner**
Lemon Fresh - 28 oz. **\$3.69** ea.
- PALMOLIVE Dish Detergent**
All scents - 20 oz. **\$4.65** ea.
- ASTONISH Oxy Plus**
1 kg. tub **\$4.50** ea.



SOLO Square Plastic Cups
50 ct./9 oz. **\$5.89** ea.

Paper Plates
44 ct./9-inch **\$5.69** ea.



Personal Care

Suave Body Wash
All scents - 12 oz. **\$3.39** lb.



SARA LEE OVEN ROASTED CHICKEN BREAST **\$10.50 lb.**

PERDUE PAN ROASTED TURKEY BREAST **\$11.50 lb.**

DAK BOILED HAM **\$5.80 lb.**

HILLSHIRE FARM HEARTHSTONE HAM **\$7.99 lb.**

Sliced from the Deli Counter

