

# Hello Autumn!

**5%\* OFF**  
**SENIOR TUESDAY**  
**and DISCOUNT**  
**WEDNESDAY**  
 5% off cash & credit card sales  
\* Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc.

## health & beauty buys

**Haliborange**  
 Three flavours  
 20 tabs  
**\$7.99 each**

**Aquafresh**  
 Ultra White Toothpaste  
 6 oz. tube  
**\$4.25 each**

**Johnson's**  
 Baby Shampoo Original  
 15 oz. bottle  
**\$5.79 each**

**LISTERINE**  
 Mouthwash  
 Ultra Clean Cool Mint, Total Care Fresh Mint, Ultra Clean Arctic Mint, Total Care Zero  
 1 litre bottle  
**\$8.59 each**

### household & laundry value picks

**ARM & HAMMER**  
 2X Detergent  
 Orchard Bloom  
 Tropical Burst  
 Fragrance Free  
 75 oz. jug  
**\$9.85 ea.**

**TILEX**  
 Fresh Shower Spray  
 32 oz.  
**\$3.95 ea.**

**PINESOL**  
 All-purpose Cleaner  
 Sparkling Wave  
 Mandarin Sun  
 Lemon Fresh  
 Lavender  
 28 oz.  
**\$3.49 ea.**

**CLOROX**  
 Toilet Bowl Cleaner  
 Tough Stain  
 Fresh Scent  
 Rain Clean  
 24 oz.  
**\$3.19 ea.**

**CLOROX**  
 Bleach  
 64 oz. jug  
**\$5.19 ea.**

**CLOROX**  
 Wipes  
 Fresh Scent  
 Lemon Fresh  
 Lavender  
 Orange  
 35 count  
**\$4.25 ea.**

**Tamma**  
 PASTAI DAL 1907  
**MACARONI**  
 500 gm.  
**\$1.65 each**

**KEEBLER**  
 COUNTRY OATMEAL COOKIES  
 10.1 oz. pkg.  
**\$4.49 each**

**KEEBLER**  
 CHIPS DELUXE COOKIES  
 12.6 oz. pkg.  
**\$4.69 each**

**JACOBS**  
 CREAM CRACKERS  
 200 gm. pkg.  
**\$1.69 each**

**PRINGLES**  
 POTATO CRISPS  
 158 gm. can  
**\$2.89 each**

**JIF**  
 Peanut Butter  
 Creamy - 28 oz.  
**\$7.90 ea.**

**CRISCO**  
 Non-Stick Cooking Spray  
 Original - 6 oz.  
**\$3.15 ea.**

**CRISCO**  
 Vegetable Oil  
 48 oz.  
**\$5.25 ea.**

**CRISCO**  
 Organic Coconut Oil  
 27 oz.  
**\$7.69 ea.**

**SMUCKER'S**  
 Concord Grape Jelly  
 18 oz.  
**\$4.19 ea.**

**SPLENDA**  
 Granular Sweetener  
 110 gm. pkg.  
**\$5.35**

**LE BLEU**  
 Water  
 1.5 litre  
**\$1.99**

**MOTT'S**  
 100% Apple Juice  
 Original  
 64 oz.  
**\$3.95**

**KELLOGG'S**  
 Frosted Flakes  
 24 oz.  
**\$8.49 ea.**

**GRACE**  
 Corned Beef  
 12 oz.  
**\$3.75 ea.**

**MILO**  
 Actigen-E Drink  
 500 gm. can  
**\$5.75**

**CERES**  
 100% Juice  
 1 litre tetra pack  
**\$2.65**

**GRACE**  
 Coconut Water  
 Pulp, No Pulp  
 500 ml.  
**\$1.89**

**ENSURE**  
 Original Nutrition Shake  
 Strawberry, Vanilla, Chocolate - 6 pack  
**\$13.90 ea.**

**Kellogg's**  
 FROSTED FLAKES  
 FAMILY SIZE  
**\$1.99 each**

**Nestlé**  
 Carnation  
 Hot Chocolate  
 Rich Chocolate, Marshmallow  
 6 pack  
**\$7.95**

### PET BUYS

**PURINA**  
 Beneful IncrediBites  
 All flavours  
 3.5 lb. bag  
**\$9.39**

**PURINA**  
 Beggin' Strips  
 3 Flavours  
 6 oz. bag  
**\$3.95**

**PURINA**  
 Fancy Feast  
 Variety Pack Cat Food  
 24 pk./3 oz.  
**\$25.30**

**PURINA**  
 Friskies  
 Seafood Sensations Dry Cat Food  
 3.15 lb. bag  
**\$7.79**