

FRESH BEEF TENDERLOIN STEAKS

\$24²⁹
lb.

HARVESTLAND BONE-IN CHICKEN THIGHS

\$3⁹⁹
lb.

Previously Frozen RED SNAPPER FILLETS

\$14⁹⁹
lb.

Autumn Savings

5%* SENIOR TUESDAY and DISCOUNT WEDNESDAY

5% off Cash and Credit Card Sales

*Not applicable to alcohol, cigarettes, magazines, pharmacy, general & seasonal merchandise, etc.

Frozen WHOLE LAMB LEGS

\$5²⁹
lb.

Your Choice

All flavours YOPLAIT YOGURT 6 oz. cup

95¢ ea.

Dairy Aisles

egg beaters

All varieties 16 oz. carton **\$4⁵⁹** ea.

All varieties SARGENTO SHREDDED CHEESE 8 oz. bag **\$3⁹⁹** ea.

All flavours NESQUIK MILK 14 oz. carton **\$2⁶⁵** ea.



ALWAYS FRESHLY SLICED

Deli Counter

- Sarafee HONEY ROASTED Turkey Breast **\$9⁹⁹** lb.
- CERTIFIED ANGUS BEEF Roast Beef **\$13⁹⁰** lb.
- HILLSHIRE FARM HEARTHSTONE Virginia Ham **\$7⁹⁹** lb.
- BOILED Ham **\$5⁸⁰** lb.

From the Freezer

- BELL & EVANS IQF CHICKEN BREAST **\$21³⁷** ea. 31 oz. pkg.
- BANQUET SAUSAGE LINKS & PATTIES Original **\$6⁷⁵** ea. 32 oz. bag
- BIRDS-EYE STEAM FRESH Your Choice Super Sweet Corn, Sweet Peas, Mixed Vegetables - 10 oz. **\$2⁶⁵** ea.
- STOUFFER'S MEAT LASAGNA 90 oz. **\$23⁶⁹** ea.
- BEN & JERRY'S ICE CREAM All flavours - pints Your Choice **\$6⁵⁹** ea.
- SEA BEST MAHI MAHI FILLETS 1 lb. **\$15⁸⁷** ea.
- PEPPERIDGE FARM TURNOVERS All flavours - 12.5 oz. **\$5⁷³** ea.

Dove Body Wash ALL SCENTS 22 oz. bottle **\$10⁰⁹** ea.

TYLENOL Extra Strength Pain Reliever 24 caplets **\$6⁵⁵** ea.



SWANSON

ORGANIC BROTHS Vegetable, Chicken 32 oz. carton

\$4⁶⁵ lb.

Household & Laundry

ARM & HAMMER 2X Detergent Sensitive Plus, Clean Burst - 75 oz. Your Choice **\$9⁸⁵** ea.

COTTONELLE Toilet Paper Comfort Care, Clean Care - 12 roll pack Your Choice **\$12⁹⁵** ea.

SCOTT Choose-a-Size Paper Towels 6 roll **\$13⁰⁵** ea.

PINESOL All-Purpose Cleaner 24 oz. **\$3⁶⁵** ea.

GLAD Quick-Tie Tall Kitchen Bags 80-13 gal. **\$15³⁵** ea.

ANY 12 PACK/12 fl. oz. cans Diet Cherry Pepsi, Diet Caffeine Free Pepsi, Diet Mountain Dew, Diet Sierra Mist, Diet Pepsi, Pepsi Zero Sugar, Diet Mug Root Beer Your Choice **\$11⁰⁵** ea.

ANY 12 PACK/12 fl. oz. cans Pepsi, Cherry Pepsi, Pepsi Real Sugar, Pepsi Caffeine Free, Mountain Dew, Sierra Mist, Mug Root Beer, Lipton Iced Tea, Mug Cream Soda Your Choice **\$12²⁵** ea.

LIPTON Unsweetened Iced Tea 18.5 oz. bottle **\$2⁰⁹** ea.

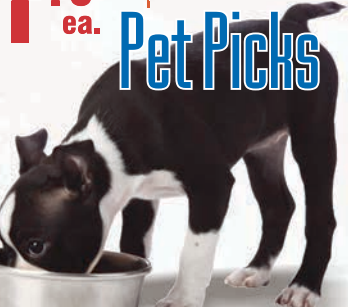
Cesar Dinners All flavours 5.3 oz. tray **\$1¹⁵** ea.

MOTT'S Light Apple Juice 64 oz. bottle **\$4¹⁰** ea.

whiskas Kitten Dry Food 3 lb. bag **\$6³⁹** ea.

Coca-Cola ANY 20 OZ. BOTTLE Coke, Diet Coke, Coke Zero Sugar, Sunkist Pineapple, Sunkist Strawberry, Sunkist Orange, Cherry Coke Your Choice **\$1⁴⁵** ea.

whiskas Temptations Cat Treats 3.2 oz. bag **\$2⁰⁹** ea.



SPROUTS Baby Food Stage 1 - 3.5 oz. pouch Your Choice **\$2¹⁵** ea.

NAKD Snack Bars Cocoa Sea Salt, Cocoa Raspberry, Cocoa Mandarin - 130 gm. Your Choice **\$5⁸⁵** ea.

HUMPTY DUMPTY Popcorn Twists 175 gm. **\$4⁸⁵** ea.

NABISCO Oreo Thins Lemon, Mint - 10.1 oz. Your Choice **\$4⁸⁹** ea.

QUAKER Crispy Mini Rice Cakes 100 gm. **\$3¹⁹** ea.

PEPPERIDGE FARM Cookies Tahoe, Maui - 7.2 oz. **\$3³⁵** ea.

HEINZ Cage-free Mayonnaise 30 oz. jar **\$6⁵⁵** ea.

HEINZ Yellow Mustard 14 oz. **\$2⁹⁹** ea.

PROGRESSO Soups Vegetable Barley, Hearty Tomato, Split Pea, Minestrone - 19 oz. can Your Choice **\$3⁵⁵** ea.

Lindo's MARKET

LINDO'S MARKET
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Lindos FAMILY FOODS

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Why Go Anyplace Else?
STORE HOURS:
Mon., Tues. & Thurs. 8am to 7pm
Wed., Fri. & Sat. 8am to 8pm
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